

OWN ZERO

Language of Essence

ram H singhal

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ॐ पूर्णमदः पूर्णमिदं पूर्णात्पूर्णमुदच्यते
पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते ॥

ॐ शान्तिः शान्तिः शान्तिः ॥

Meaning:

That is infinite, this is infinite;

From That infinite this infinite comes.

From That infinite, (if) this infinite is removed;

Infinite remains infinite.

Aum Peace Peace Peace

This Invocation caught my eyes in 1984 from Isa Upanishad
also known as Shanti Path or Peace Chant.

Or in my scientific terms

“Formula of expanding universe”

An Introduction

Who am 'I'?

'A quest of Spirituality' and a 'question of Science'.

This strong yearning became acutely intense after sudden demise of my loving father in November 1983.

For a common person like me to get all the answers for the very fundamental questions of life seemed unlikely. With my mother's advice and moral support of the family, I could always keep faith in the Divine while going through inner turbulence of the life's voyage.

Fortunately the 'Divine Grace' illuminated my path and this series of 'Revelations' started appearing during the year 1984. With an open mind and heart of a student, it got manifested in

OWN ZERO

Law of Zero

Atom is the 'Signature of Universal Consciousness',
which revealed itself in this book as 'I'.



Energy equation of 'Atom' is 'Zero'.

Energy equation of 'Cosmos' also is 'Zero'.

What is true for 'Micro' is true for 'Macro'.

'Zero' is this true law which governs entire 'Cosmos', referred in this
book as 'Law of Zero'.



'Own Zero' is a Handbook of visual Journey in Four Chapters.
Read in sequence to explore, understand and express yourself.

Chapter I
Inform

001-021

Chapter II
Reform

025-057



Chapter III
Perform

061-087

Chapter IV
Transform

091-125

Language of Essence



Inform

Read all these thoughts with 'Love'.

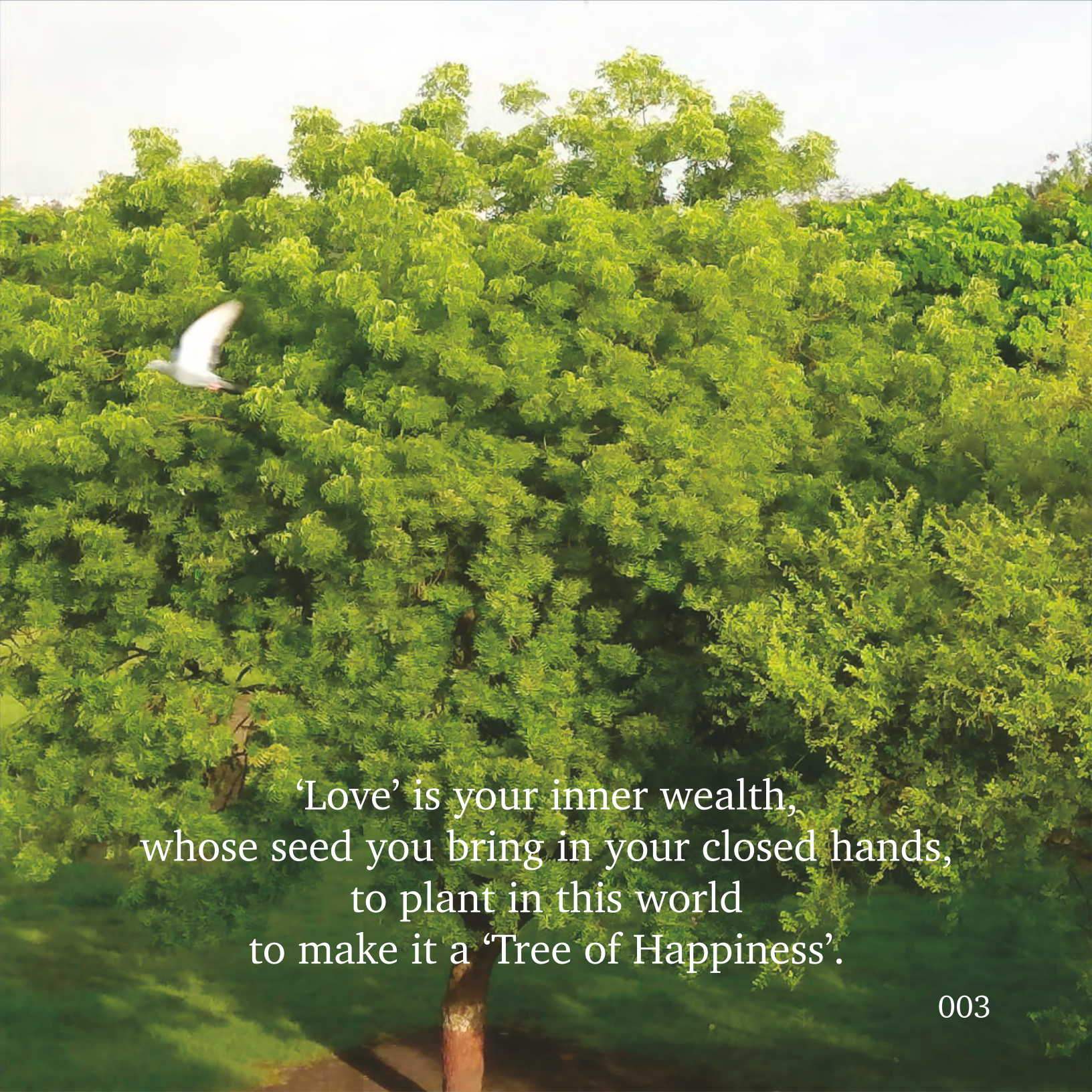


To explain 'Love' by example of Coin,
like Coin has head, tail and edge.


Coin head is emotional feeling.
Coin tail is logical feeling.

Edge is 'Love',
where feelings are
neutral & natural.

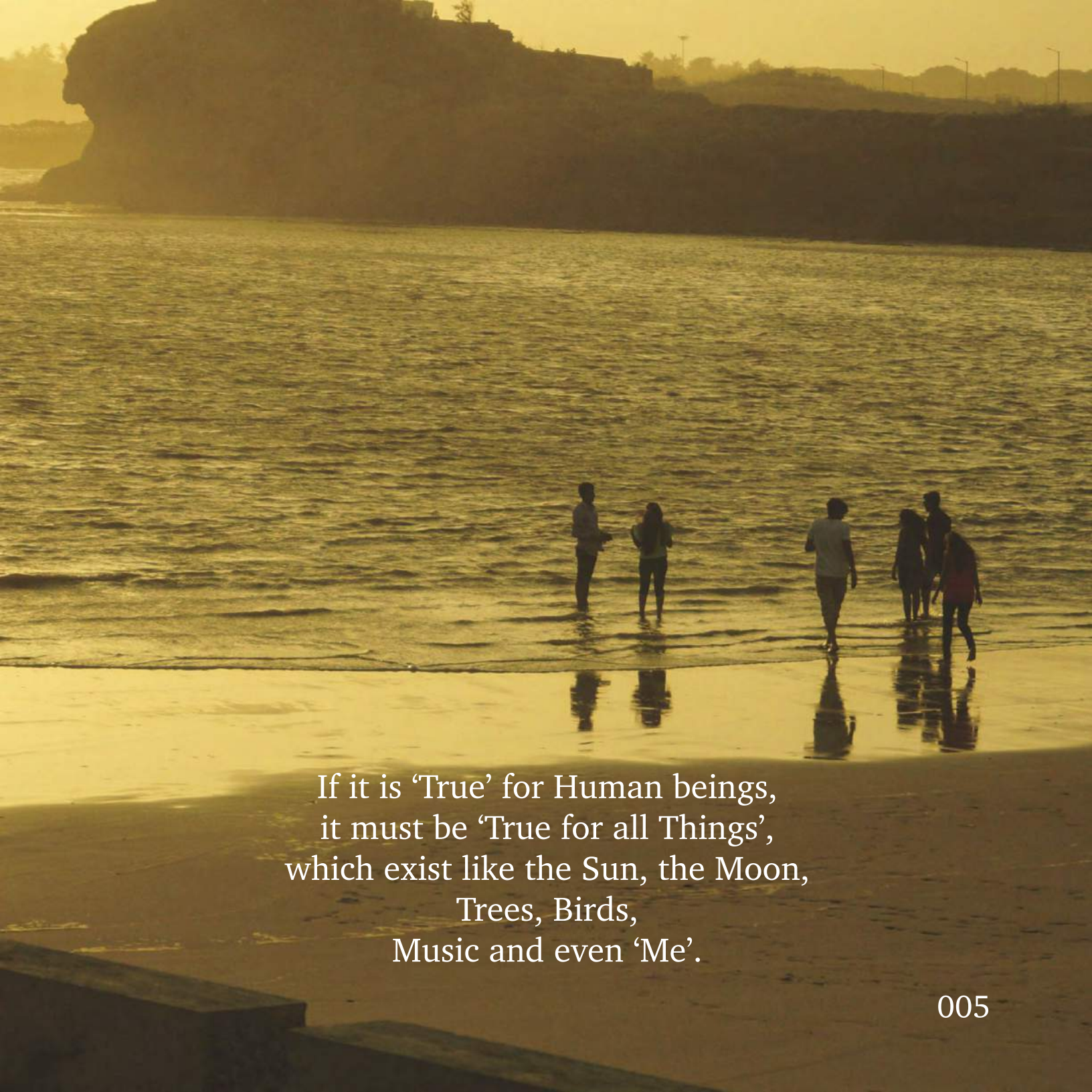


A large, dense tree with vibrant green foliage dominates the scene. A white dove is captured in flight, its wings spread, moving from left to right across the middle of the frame. The background shows a clear sky and distant buildings, suggesting an urban or park setting. The overall atmosphere is peaceful and hopeful.

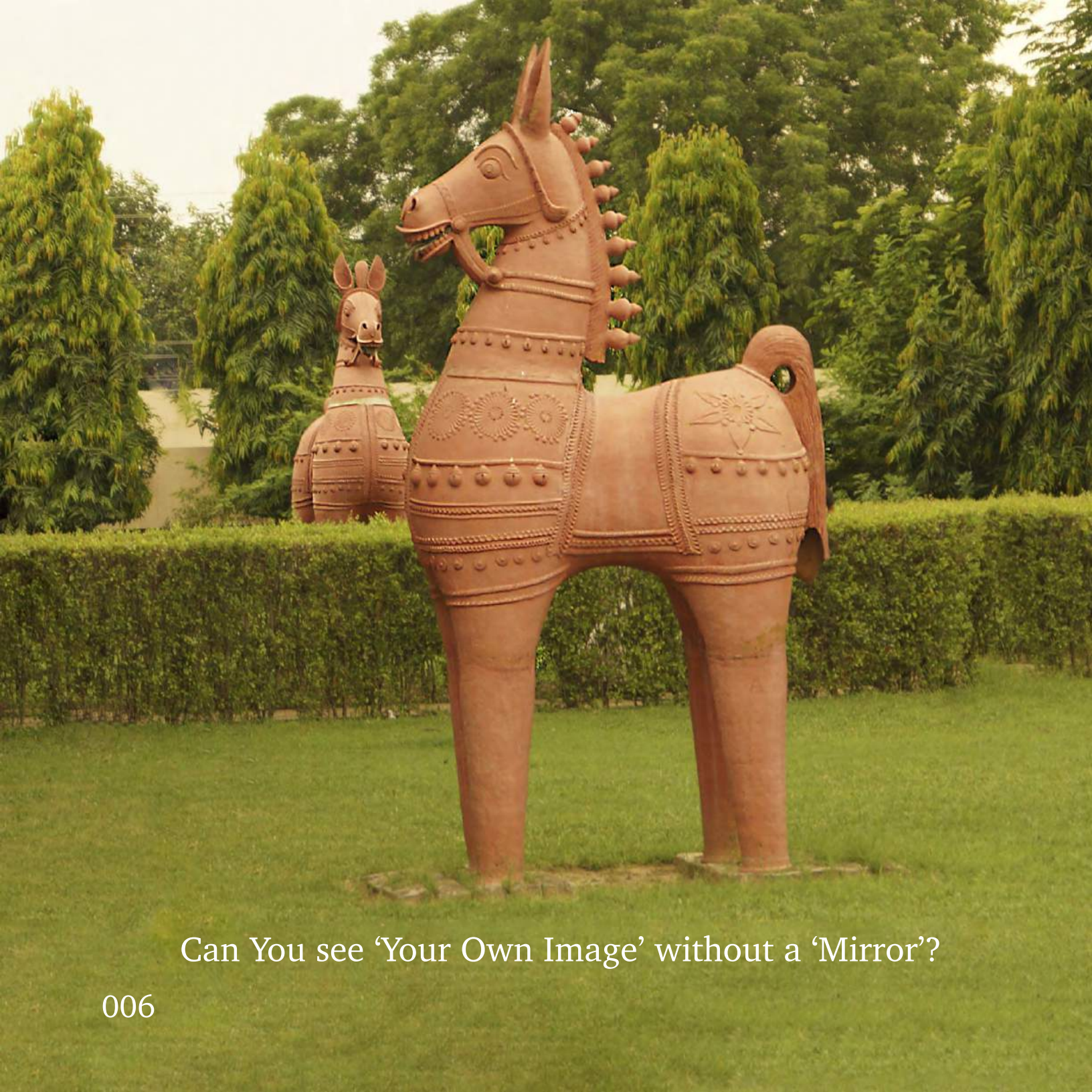
‘Love’ is your inner wealth,
whose seed you bring in your closed hands,
to plant in this world
to make it a “Tree of Happiness”.

A close-up photograph of a clear plastic water bottle with a black cap. The bottle is covered in numerous small water droplets, indicating it is cold. The background is a soft, out-of-focus sunset with a bright sun low on the horizon, casting a warm, golden glow. The overall mood is contemplative and serene.

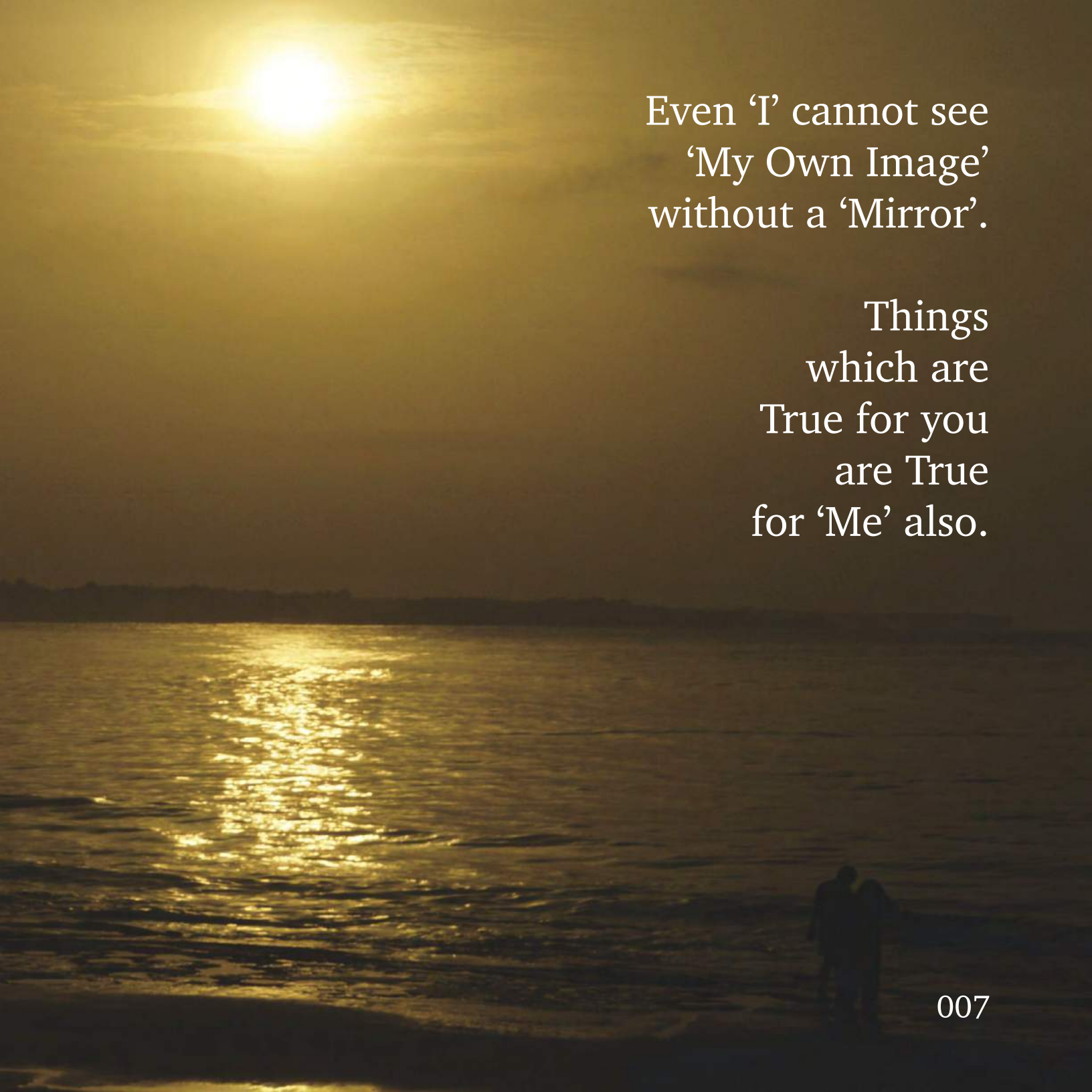
If it has to be a ‘Truth’,
it has to be a ‘Universal Truth’.

A golden-hour photograph of a beach. In the foreground, the wet sand reflects the warm light. In the middle ground, several people are wading in the shallow water, their silhouettes visible against the shimmering surface. The background features a large, dark rock formation on the left, and a distant shoreline with some structures and trees under a hazy, golden sky.

If it is 'True' for Human beings,
it must be 'True for all Things',
which exist like the Sun, the Moon,
Trees, Birds,
Music and even 'Me'.



Can You see 'Your Own Image' without a 'Mirror'?

A photograph of a sunset over the ocean. The sun is low on the horizon, creating a bright, golden glow in the sky and a shimmering path of light on the water's surface. In the foreground, the dark silhouettes of a couple walking on a beach are visible. The overall mood is serene and contemplative.

Even 'I' cannot see
'My Own Image'
without a 'Mirror'.

Things
which are
True for you
are True
for 'Me' also.



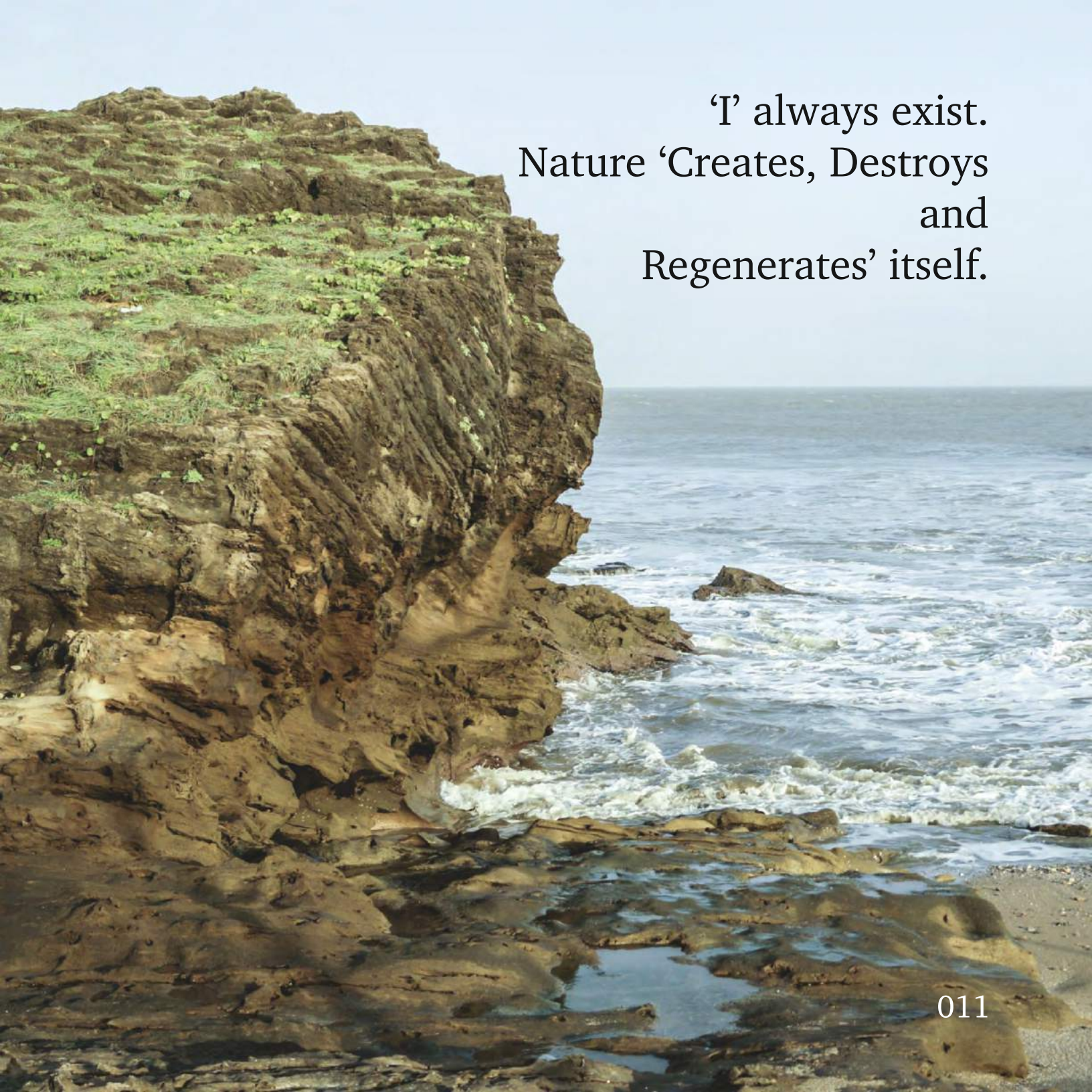
'I' am the 'Creator of the Nature'.



Nature is 'My' image.



Nature is the Cosmic World.



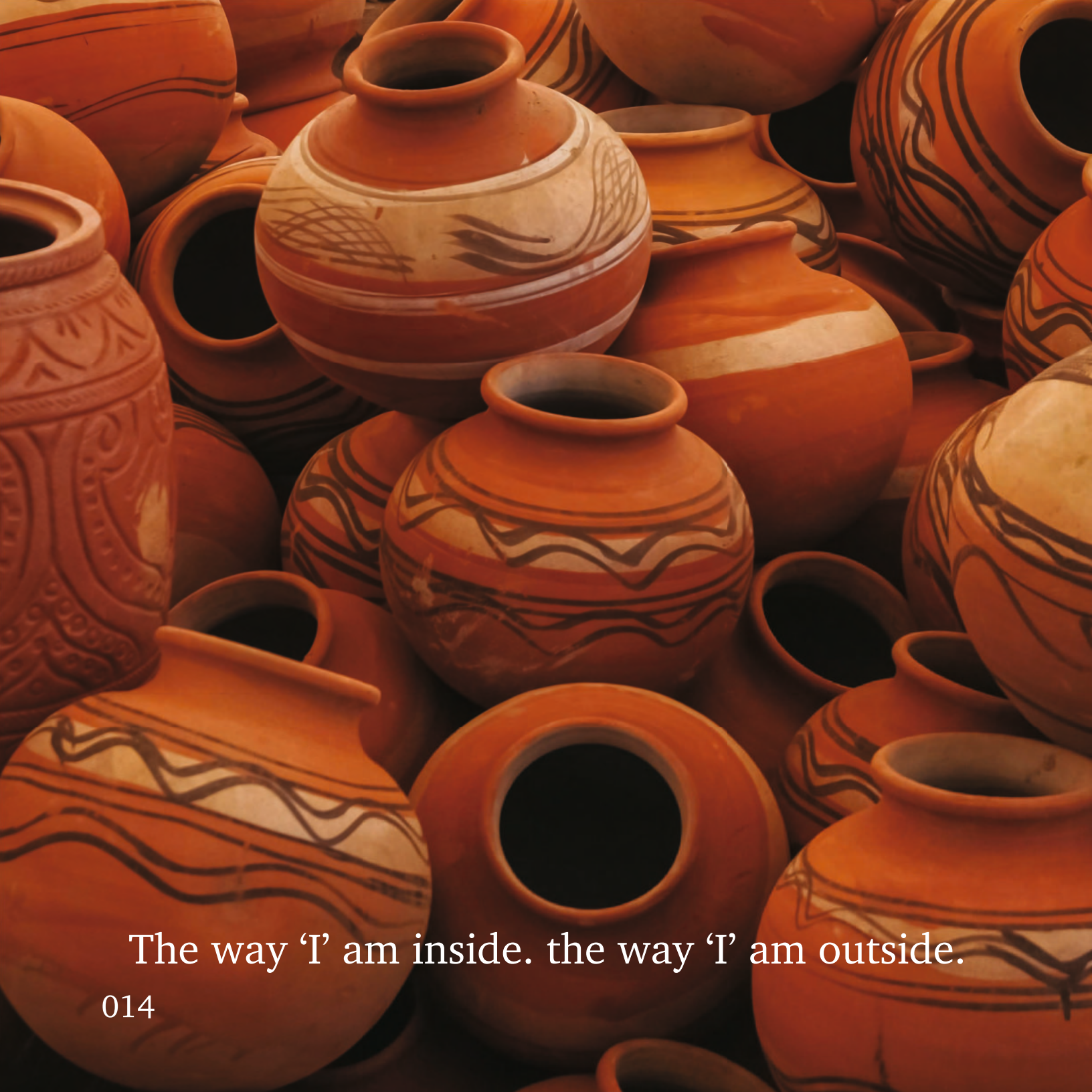
‘I’ always exist.
Nature ‘Creates, Destroys
and
Regenerates’ itself.



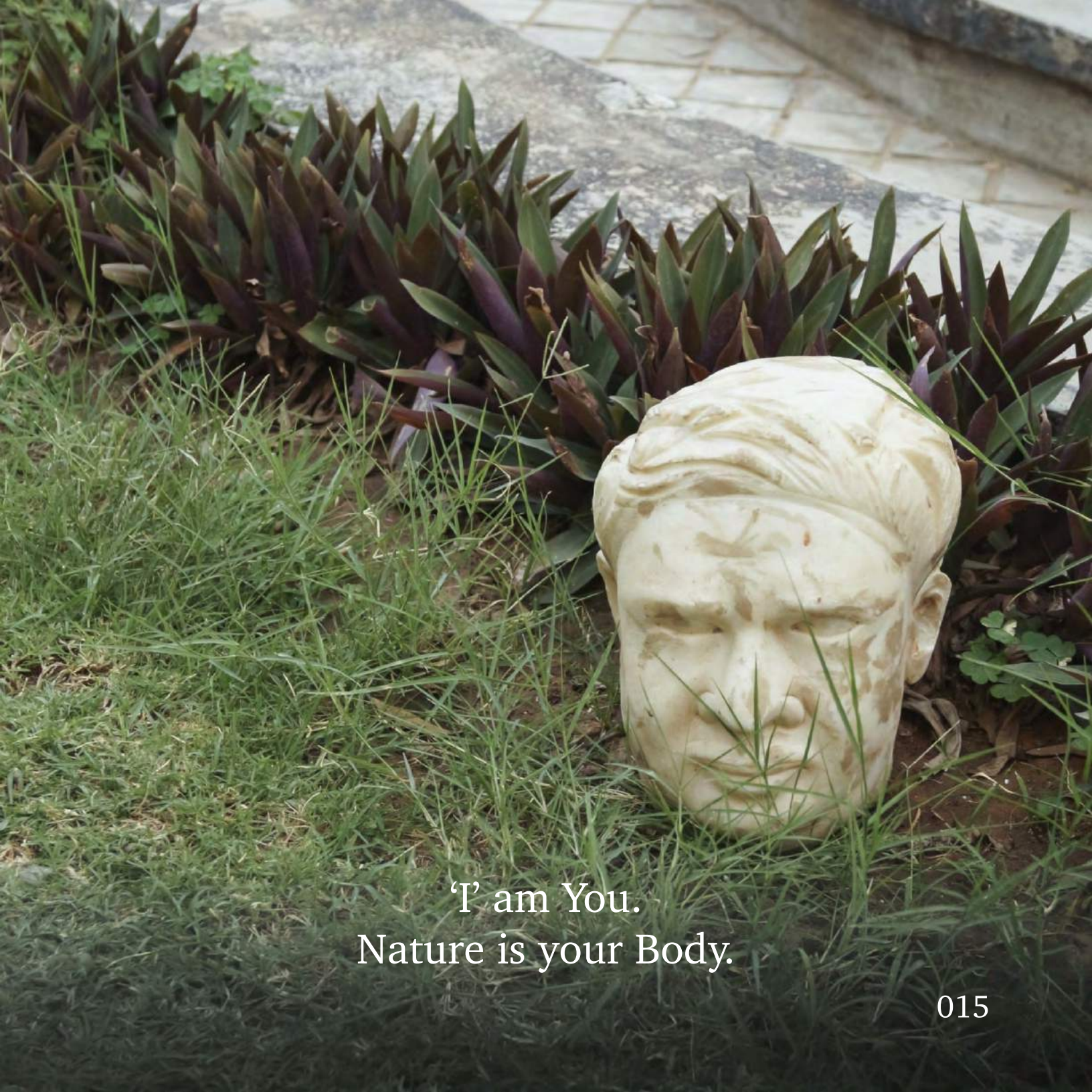
'I' am everything 'Known',
also everything 'Unknown'.



‘I’ am ‘Eternal Sound’
existing in ‘Everything’.



The way 'I' am inside. the way 'I' am outside.




'I' am You.
Nature is your Body.

Your Body is your Guru,
through this only
you can know 'Me'.





'I' can 'Mirror' Myself through You.
You are 'My' medium
and the Body is your medium.

A group of pigeons is gathered on a cobblestone street. The ground is covered with many small, yellow corn kernels. In the foreground, a brown, shallow bowl filled with water sits on the stones. Several pigeons are standing around the bowl, some with their feet on the rim. The pigeons have grey bodies with dark wings and iridescent green and purple necks. The scene is brightly lit, suggesting a sunny day.

Life is an Eternal Dance
of
Time (Body)
&
Timeless (Soul).



'I' want to see my clear 'Image of Creation',
for that 'I' give everyone the possibility to 'Mirror' Me.



Life is a rare opportunity for You to know 'Me'
through the 'Medium of Body' to be 'Me'.



Oneness of Time & Timeless
or
Yoga of Body with Soul
Mirrors
'Me'.

Language of Essence




Reform

Do You ever go to your 'Powerhouse'
from where your Home Electricity comes?
'Possibly No'.





There is no need for you to
know where your 'Life's Powerhouse' is.
And as you are alive 'I' am with 'You'.

A close-up photograph of a cobblestone path. The stones are dark grey and rectangular, set in a grid pattern with light-colored mortar. A long, dark shadow is cast across the stones from the right side, extending towards the bottom left. The background is a textured, brownish ground surface.

Imagine all of you are sitting in a 'Darkroom'
where the Electric Current,
its fittings and it's bulbs
are the only thing,
you do not know is 'The Switch'.

Sitting in the 'Darkness',
you can either believe
there is Current or
there is no Current.

But if you Search and
find this 'Switch',
turn it on and if
the Bulb 'Shines',
you will know
there is Current.


Hence...
always try to ascertain.





Throughout your life
you search
from 'Wall to Wall'
for a 'Switch' to 'Realise'
the 'Presence of Current'.

Switch is a 'Bridge' between
'Current' and 'Bulb'.

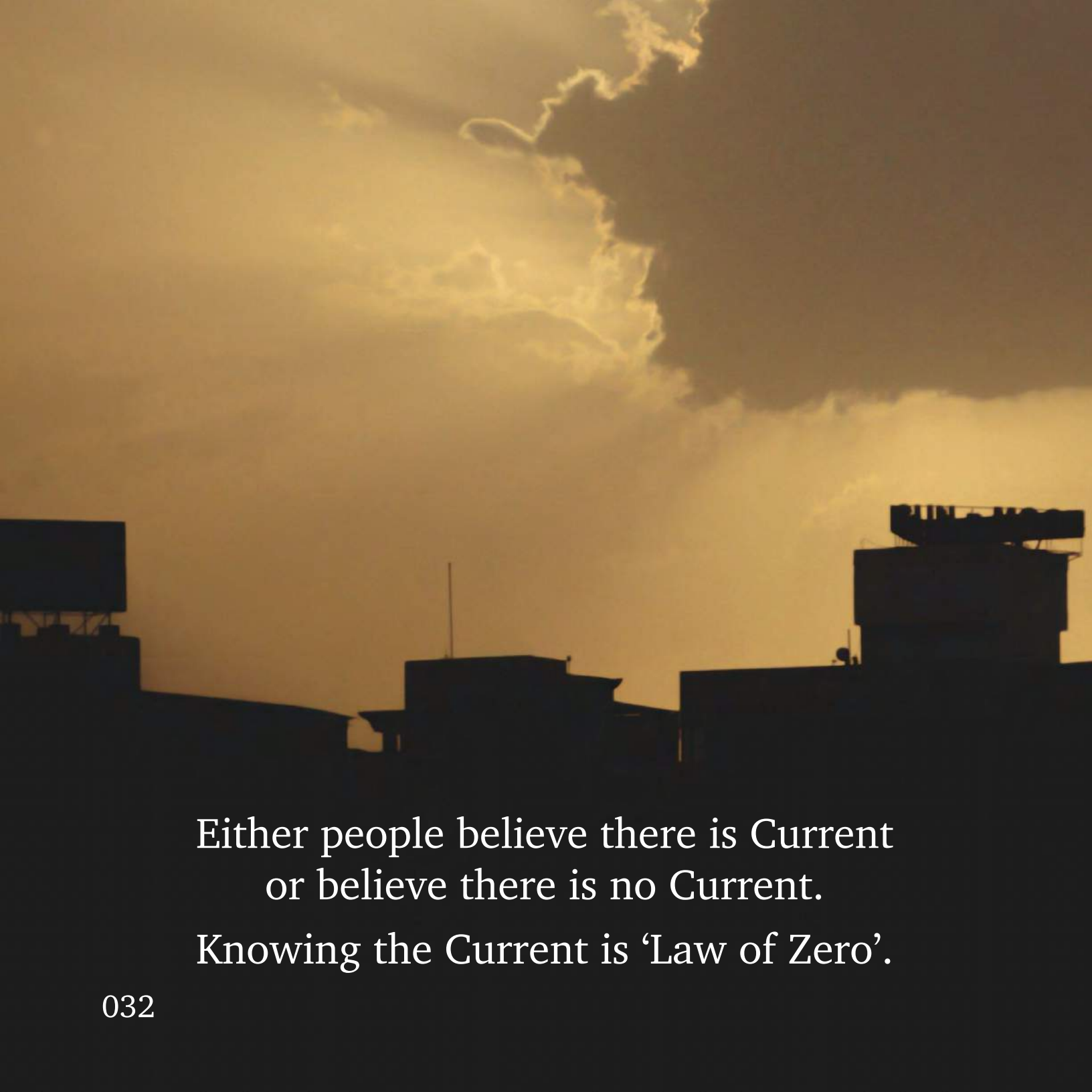
A photograph of a railway bridge or overpass at sunset. The sky is a gradient of orange and red, with the sun visible as a bright yellow circle on the horizon. The bridge structure, including its railings and overhead power lines, is silhouetted against the bright sky.

Most of you spend your life in finding
this ‘Switch of Happiness’, which is a
‘Meeting Point’ of ‘Time’ and ‘Timelessness’.



As it is difficult for
You to see your back,
likewise it is difficult
to know your 'Own Self'.

Solution is to find a Mirror
and 'Mirror' like 'Law of Zero'.

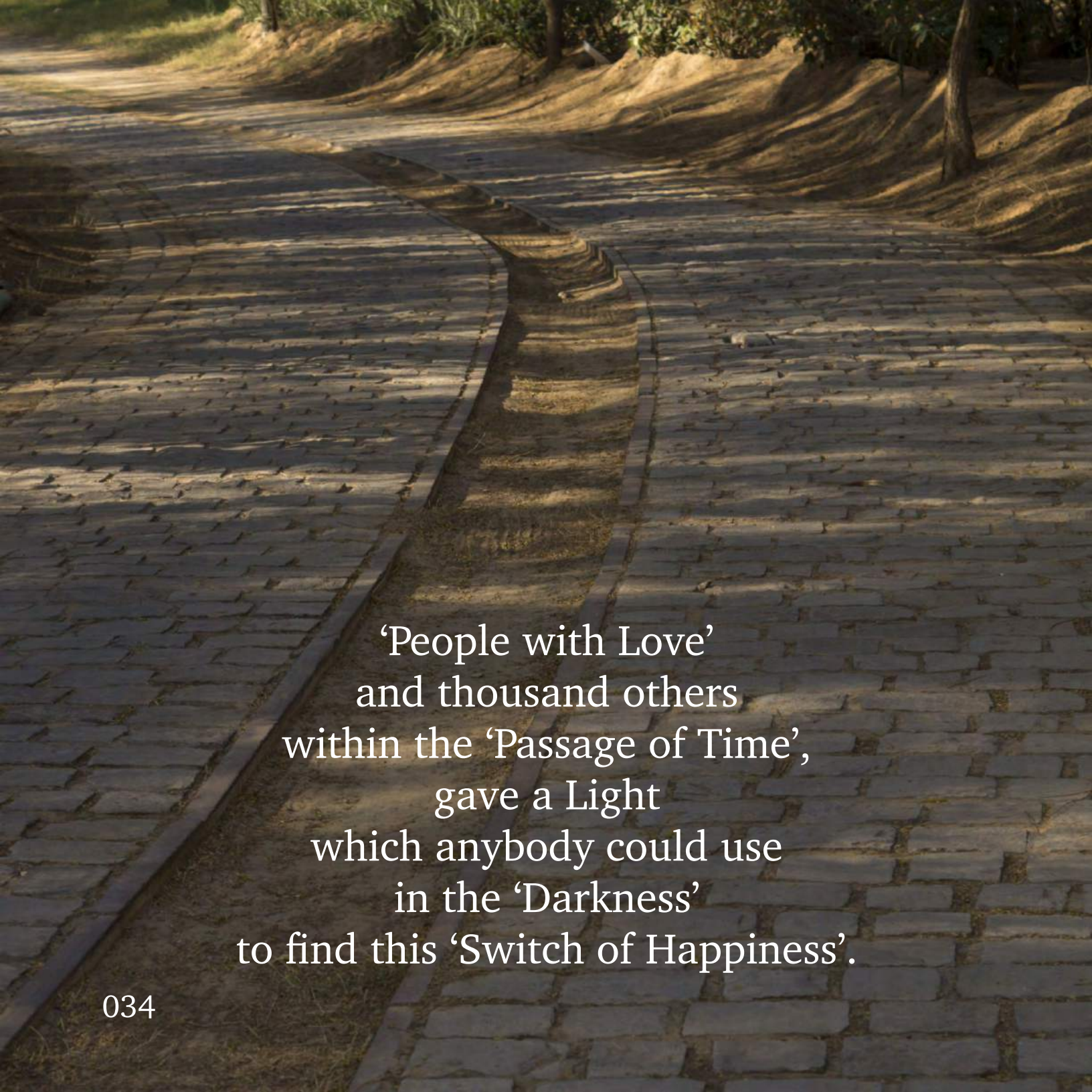


Either people believe there is Current
or believe there is no Current.
Knowing the Current is 'Law of Zero'.

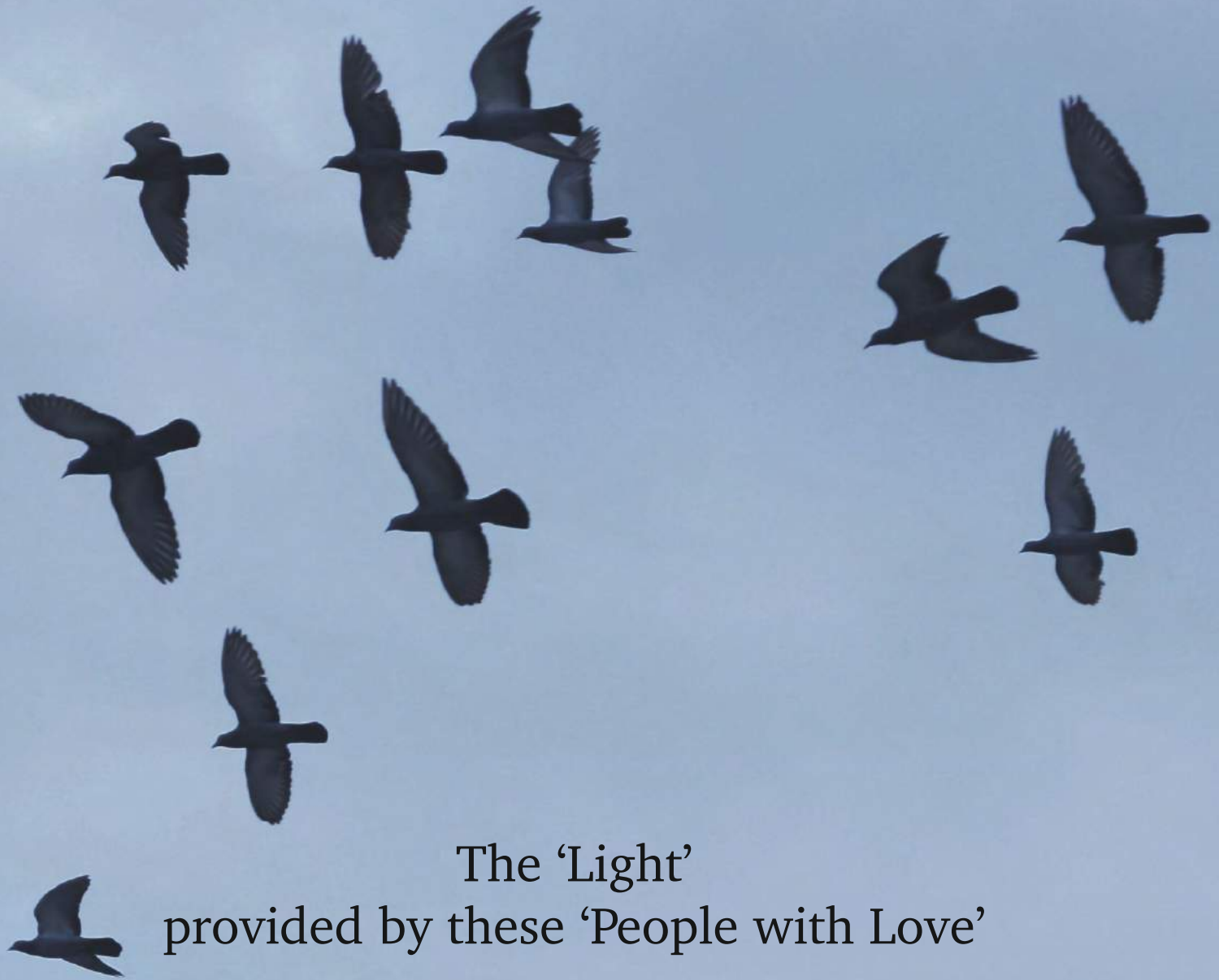


Knowing the use of Current is 'Science'.

Believing and not believing,
both are 'Philosophies'.

A cobblestone path leads towards a large, curved, textured object that resembles a switch or a large key. The object is set against a background of sand dunes and trees. The scene is illuminated by warm, golden light, suggesting a sunset or sunrise. The path is made of dark, rectangular cobblestones, and the dunes are covered in light-colored sand. The trees are silhouetted against the bright sky.

‘People with Love’
and thousand others
within the ‘Passage of Time’,
gave a Light
which anybody could use
in the ‘Darkness’
to find this ‘Switch of Happiness’.



The 'Light'
provided by these 'People with Love'
illuminated the 'Darkness'.
People started following them and
propounded the various 'Philosophies'.

A large flock of birds, possibly pigeons, is captured in flight against a bright, cloudy sky. The birds are silhouetted against the lighter background, creating a sense of movement and abundance. In the lower-left corner, the dark, leafy branches of trees are visible, framing the scene. The overall atmosphere is one of natural beauty and freedom.

These 'People with Love' and their associates
kept illuminating the people with simple 'Love'.



What will you need for 'Light'?




- Mostly you will say,
1. Electric Current which is 'I'.
 2. Electric line is 'Life'
 3. Electric bulb is 'Body'.
 4. Electric Switch is 'Law of Zero'.



The voltage of the 'Line'
and voltage of the 'Medium'
has to match the 'Appropriate Light'.

Should you consider, what is your 'Inner Line'
and what is your 'Outer Medium'?

A lit candle in a dark setting, with two small glowing circles above it. The candle is lit, and the flame is bright yellow and orange. The background is dark, and the candle is the central focus. The two small glowing circles are positioned vertically above the candle, one above the other, and they appear to be glowing with a soft, warm light. The overall mood is contemplative and serene.

As a child, you all bring 'Love'
in your closed hands.

Love is your 'Inner Line'.

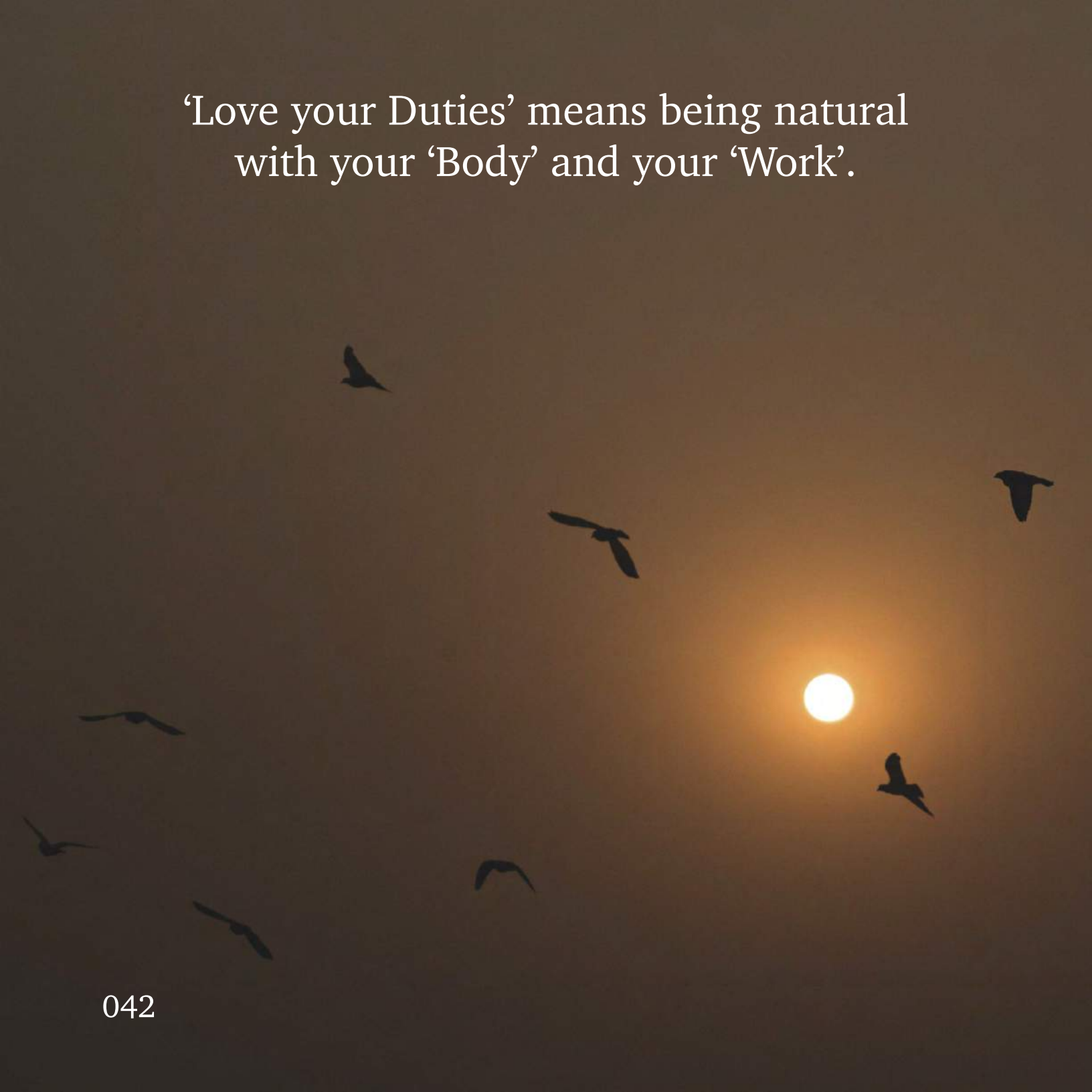
Your Body is the 'Outer Medium' or the 'Bulb'.

The Duty of the Bulb is to spread Light.

To have 'Appropriate Light',
you must have balance between
Inner and Outer 'Mediums' which means
'Love your Duties'.



‘Love your Duties’ means being natural
with your ‘Body’ and your ‘Work’.





Your Duty is to spread 'Light'.
Whenever you try to outshine others,
you 'Fuse' yourself.

If you destroy anything
without a natural reason,
you destroy yourself.

For 'Me', You, Trees and Birds are equal.
Kindness to all connects you with 'Me'.

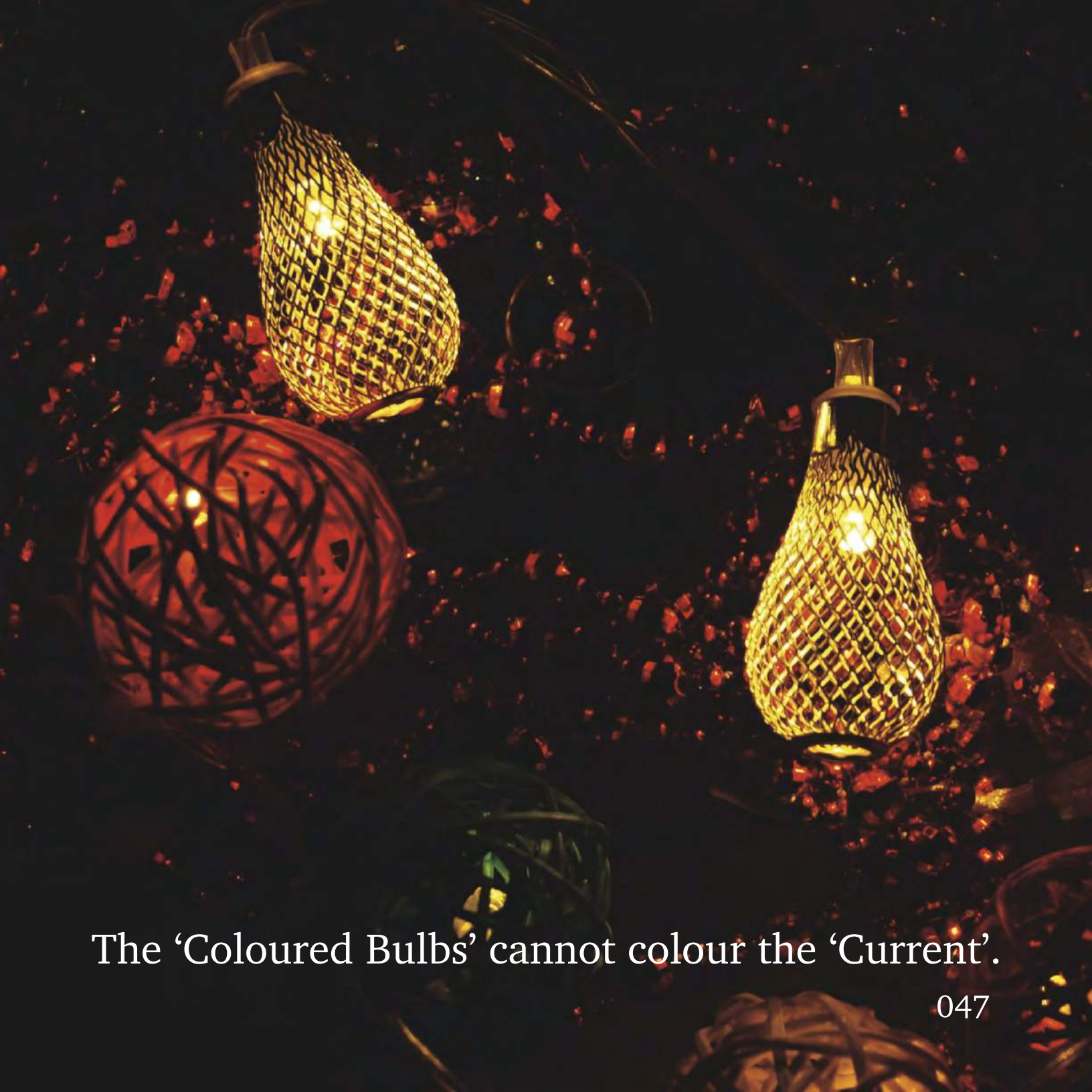




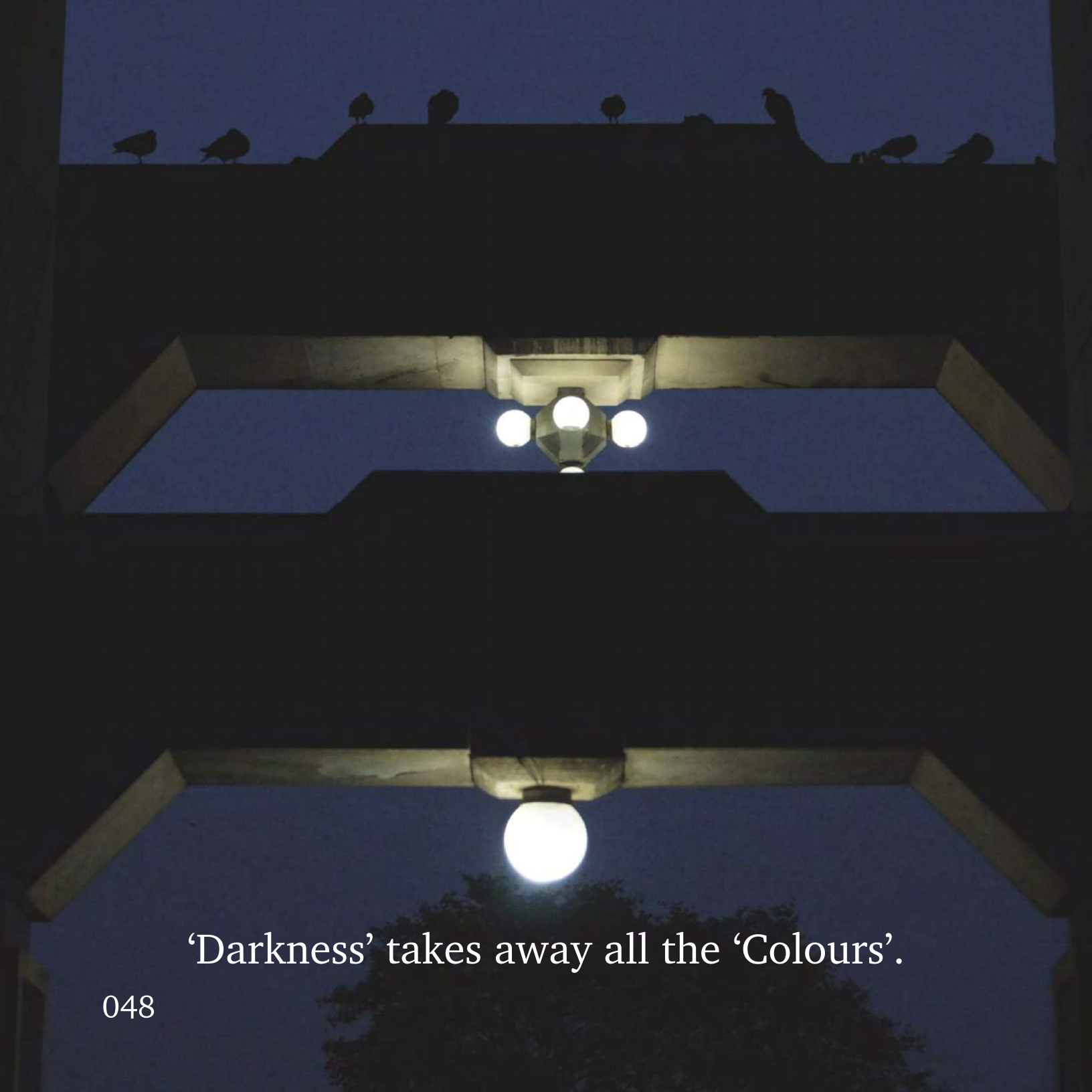
By destroying anybody without
a natural reason, you are destroying
your opportunity to know 'Me'.



For your natural needs, you are the Creator
and the Destroyer.



The 'Coloured Bulbs' cannot colour the 'Current'.



‘Darkness’ takes away all the ‘Colours’.



If you know 'Me', then do not 'Envy' anybody.

All the 'Philosophies' were propounded
to benefit the Humanity
and to communicate
the 'Findings of Nature' (Science)
through various 'Rituals'.



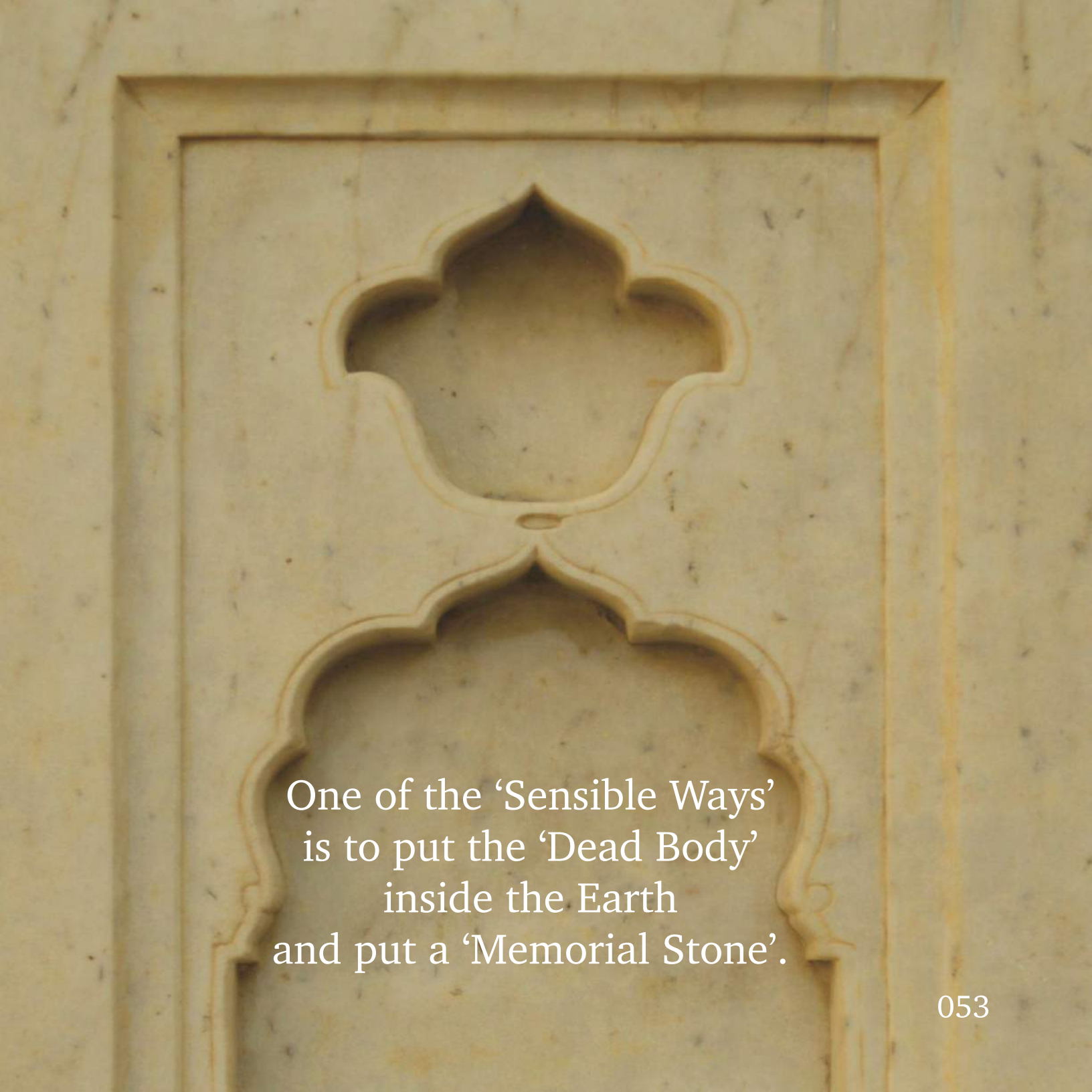


You can find out from the succeeding examples that most of the rituals in all the existing 'Philosophies' were practical solutions of the situations in that particular time.

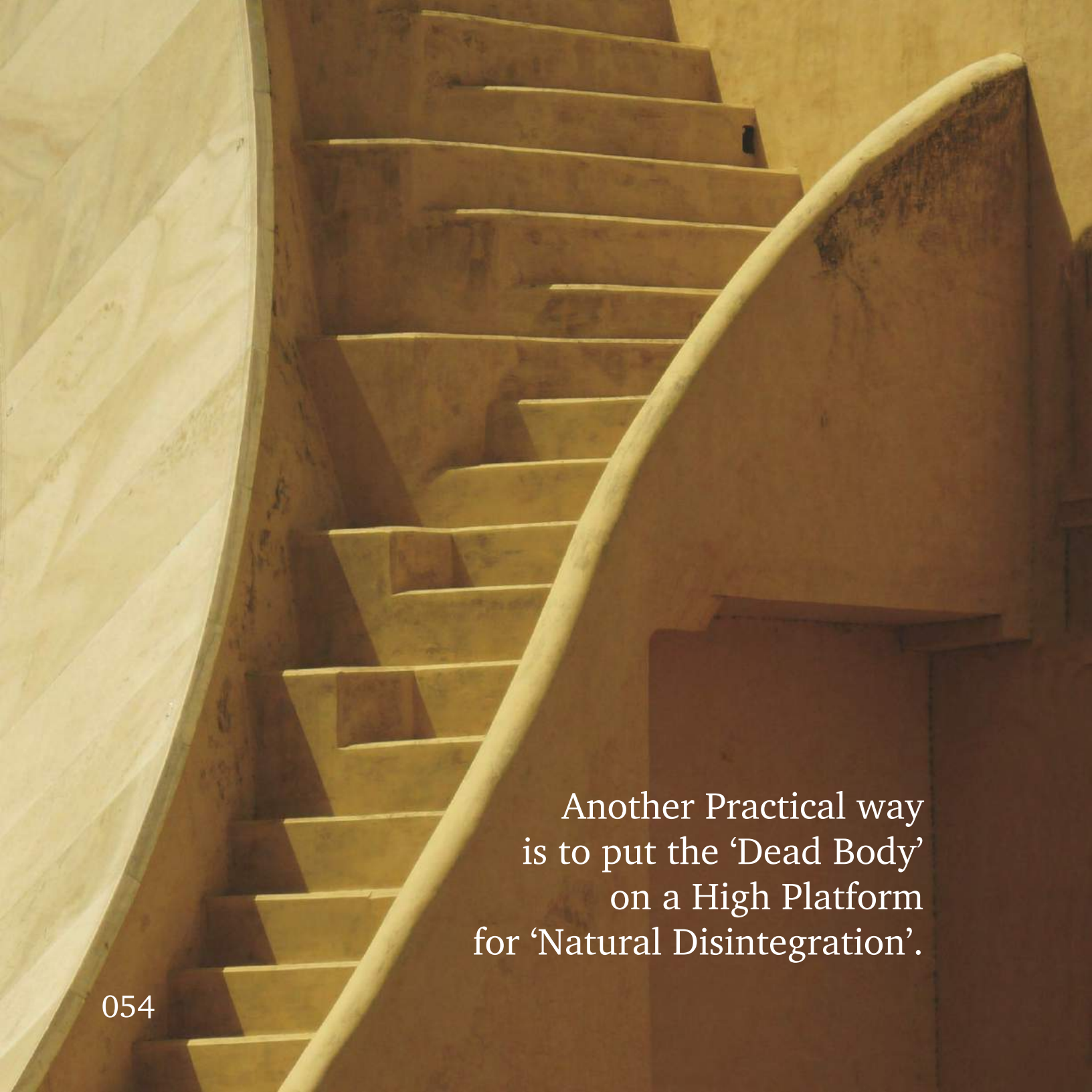
Imagine Desert Civilizations
thousands of years ago
with a vast sea of sand all around.

For the disposal of a 'Dead Body',
what could be the Way?





One of the 'Sensible Ways'
is to put the 'Dead Body'
inside the Earth
and put a 'Memorial Stone'.

A photograph of a wooden spiral staircase with a curved handrail, set against a warm, yellowish background. The staircase is made of light-colored wood and curves upwards. The handrail is also made of wood and follows the curve of the stairs. The background is a textured, yellowish wall.

Another Practical way
is to put the 'Dead Body'
on a High Platform
for 'Natural Disintegration'.




Now imagine civilizations in
tropical and subtropical climatic conditions
in mountains, near rivers and plains.

Here another way
is to put the 'Dead Body' on 'Fire'
or leave the Body
in the flowing river for 'Natural Disintegration'.

In the Civilizations with extreme cold
the 'Scientific Way' is
to lay the 'Dead Body'
in the wooden box, and put inside the Earth.





To spread
new Discoveries of Science,
'Philosophies' became
'Beckons of Light' to guide to
a better 'Way of Life'.

Language of Essence



Perform



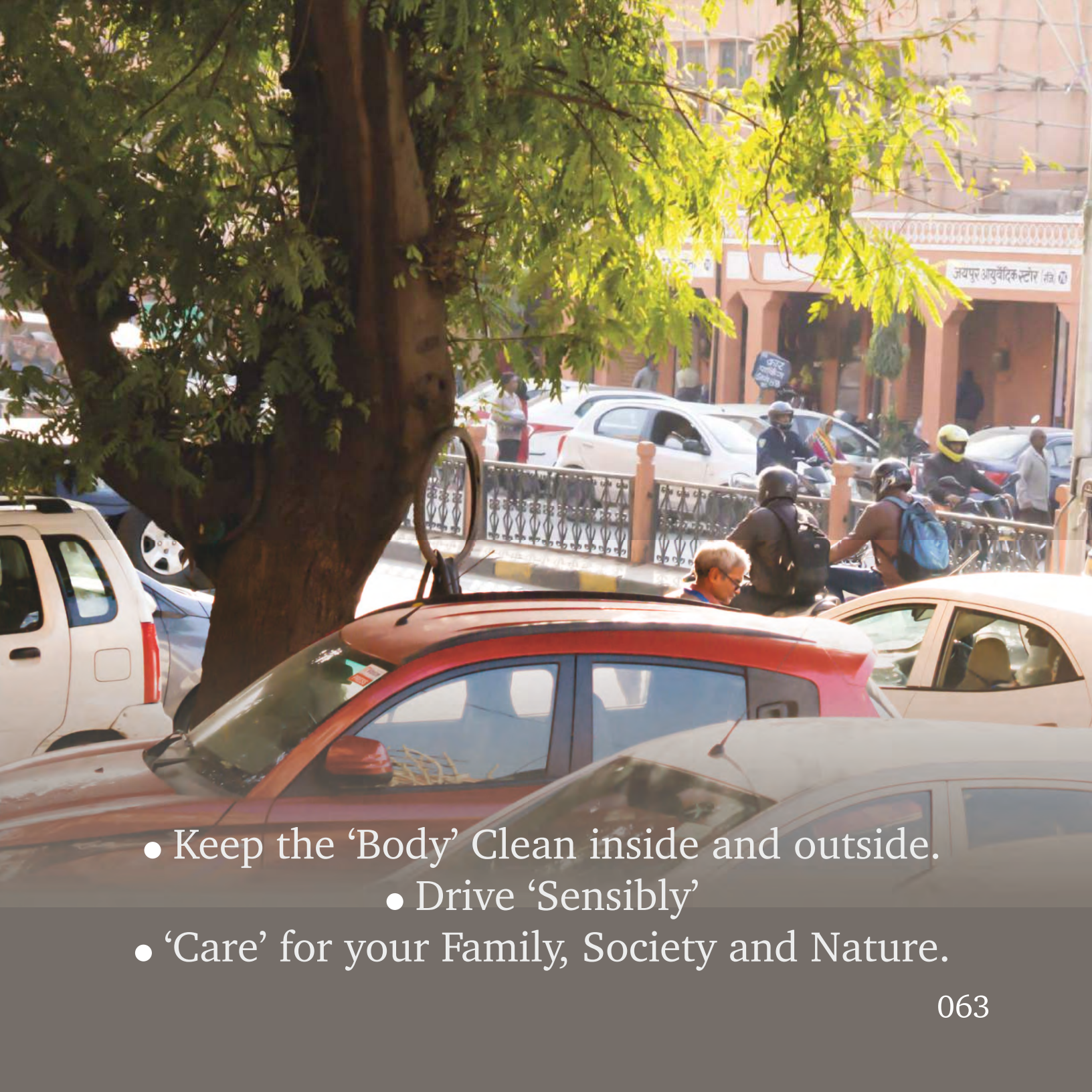
What instructions will you give to a driver?

Possibly these ...

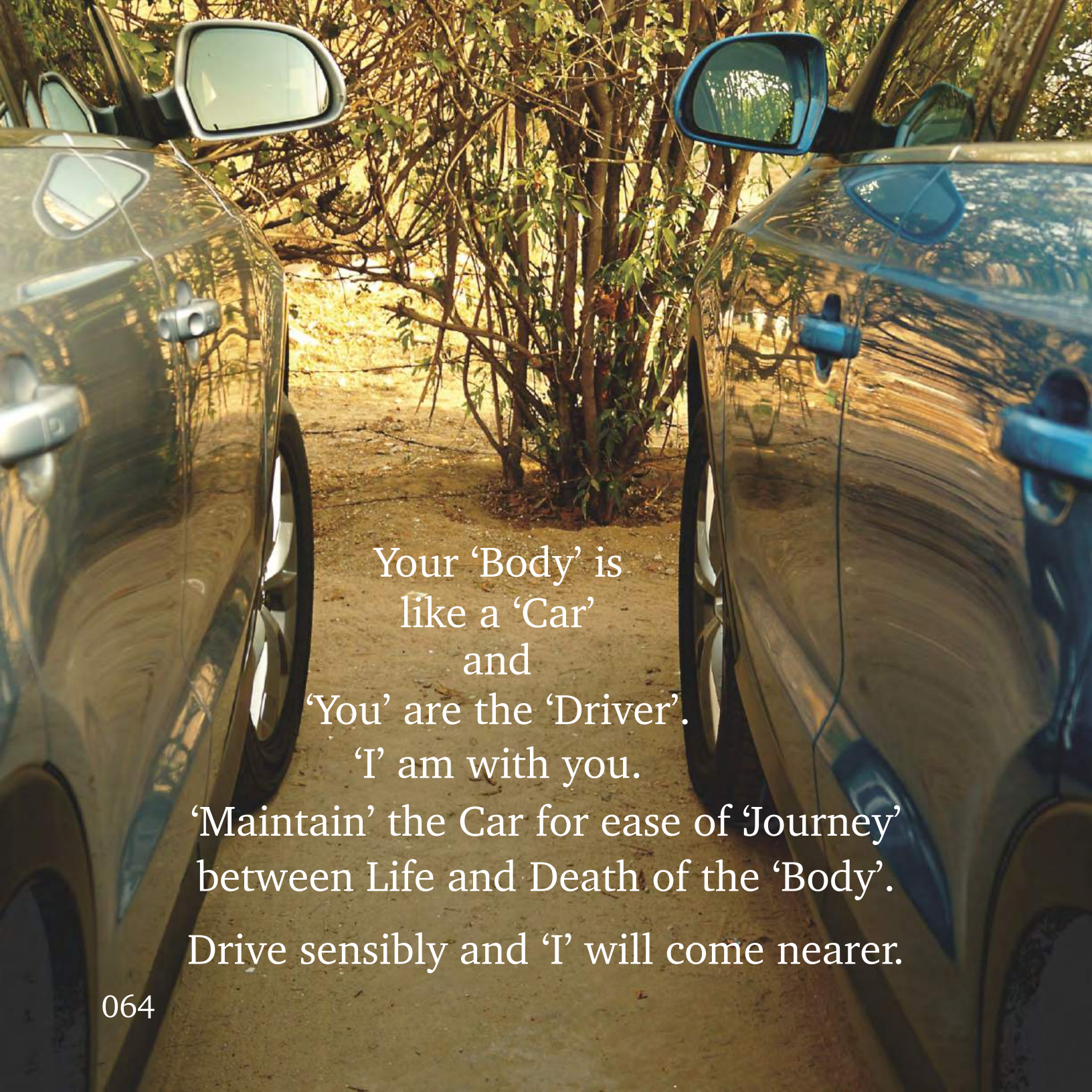
- Keep the 'Car' clean inside and outside.
- Drive carefully.
- Give fellow travellers a comfortable 'Journey'.



These are the 'Instructions' you get 'Naturally'.
Follow them and you will find
'Happiness' in your 'Journey'.



- Keep the 'Body' Clean inside and outside.
 - Drive 'Sensibly'
- 'Care' for your Family, Society and Nature.

A photograph of two cars parked side-by-side in a narrow driveway. The car on the left is silver, and the car on the right is blue. Both cars are highly reflective, showing the surrounding environment. In the background, there is a large, leafy tree with many thin branches. The ground is a light-colored, possibly concrete or stone, surface. The lighting is bright, suggesting a sunny day.

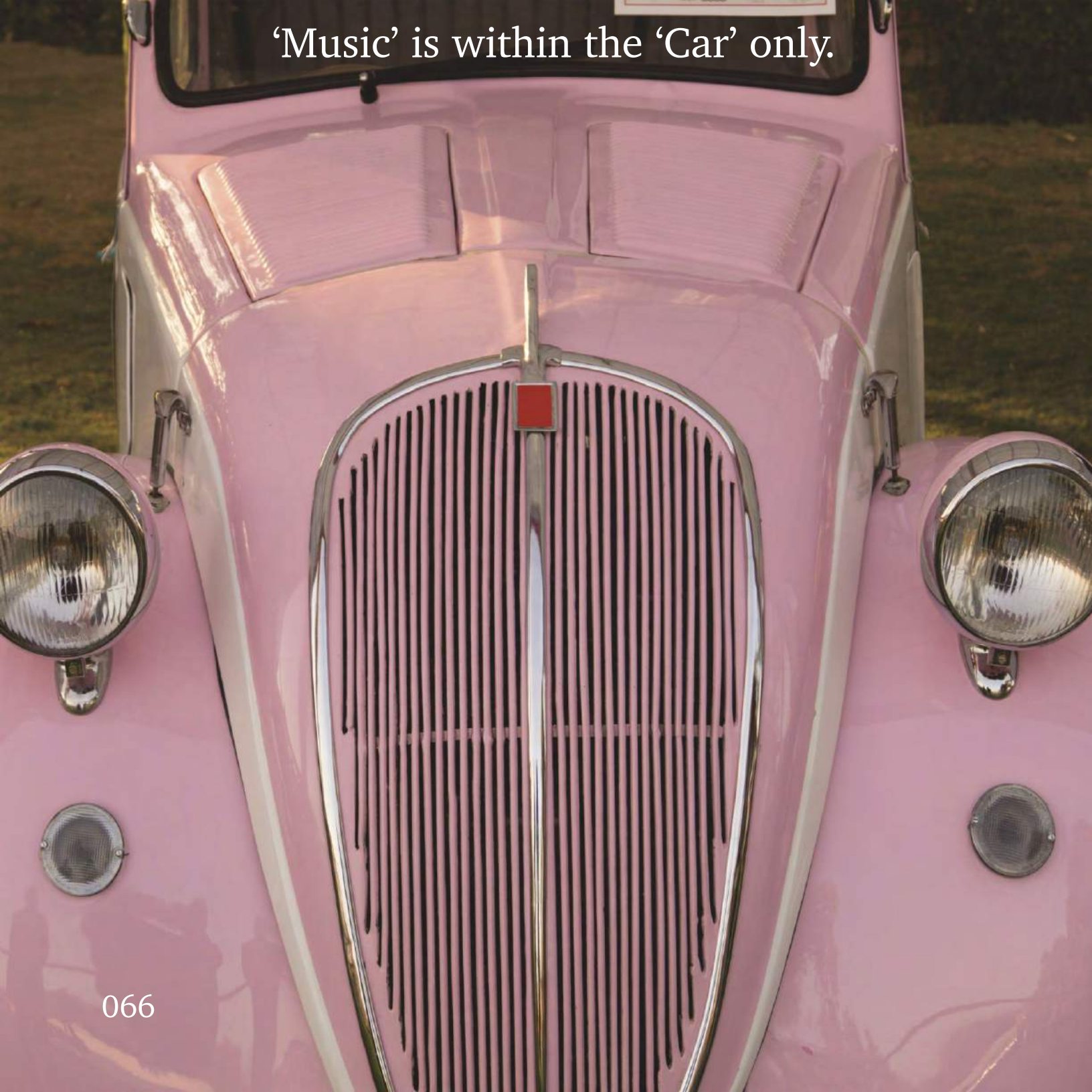
Your 'Body' is
like a 'Car'
and
'You' are the 'Driver'.
'I' am with you.

'Maintain' the Car for ease of 'Journey'
between Life and Death of the 'Body'.
Drive sensibly and 'I' will come nearer.



Life is a rare opportunity for a Driver
to come nearer to 'Me'.


'Music' is within the 'Car' only.



066

Distance has no meaning.
Meaning is in how we cover it.



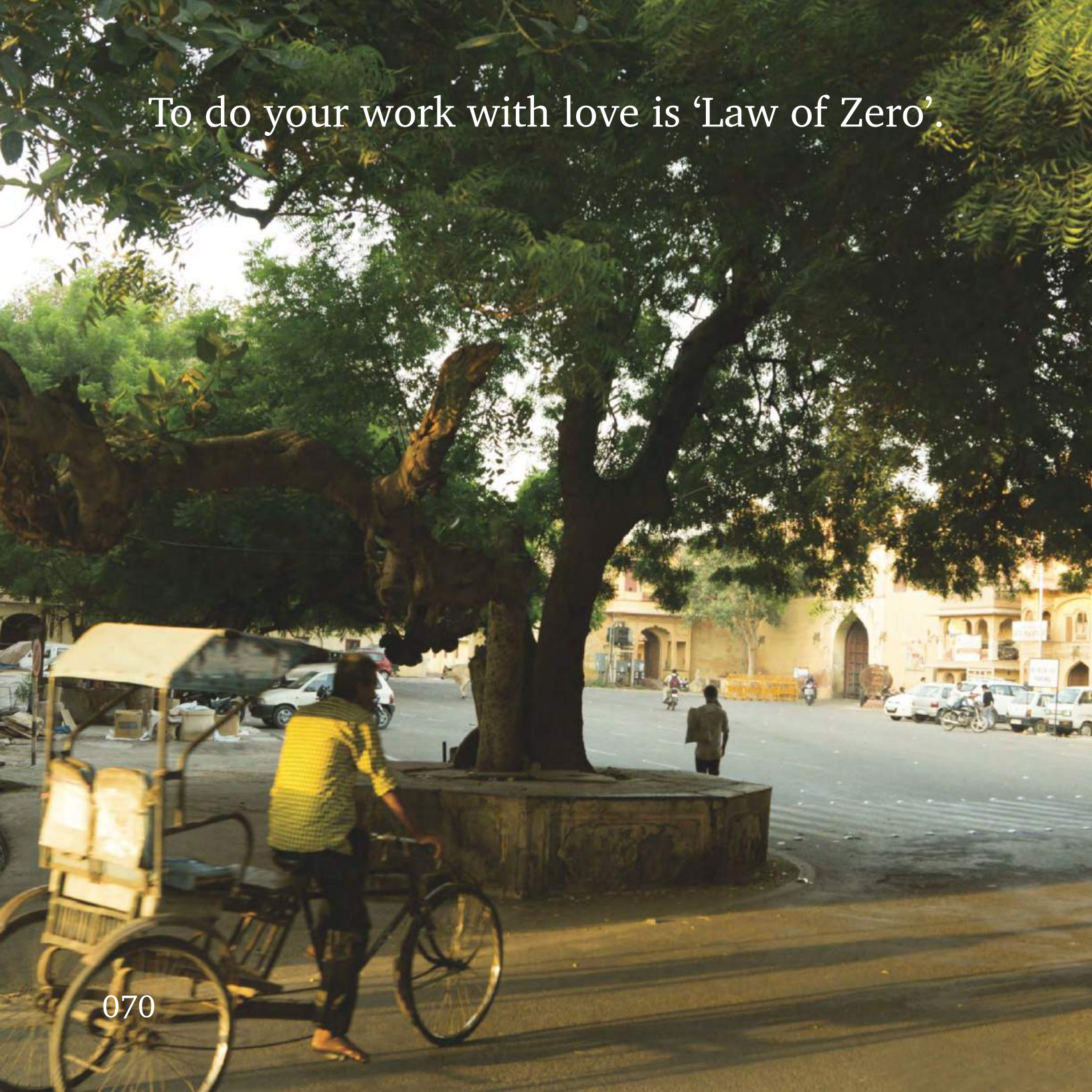
A close-up photograph of a green metal door. The door has a textured surface and is reinforced with horizontal bands of metal. A chain and padlock are attached to the door. The text is overlaid on the left side of the image.

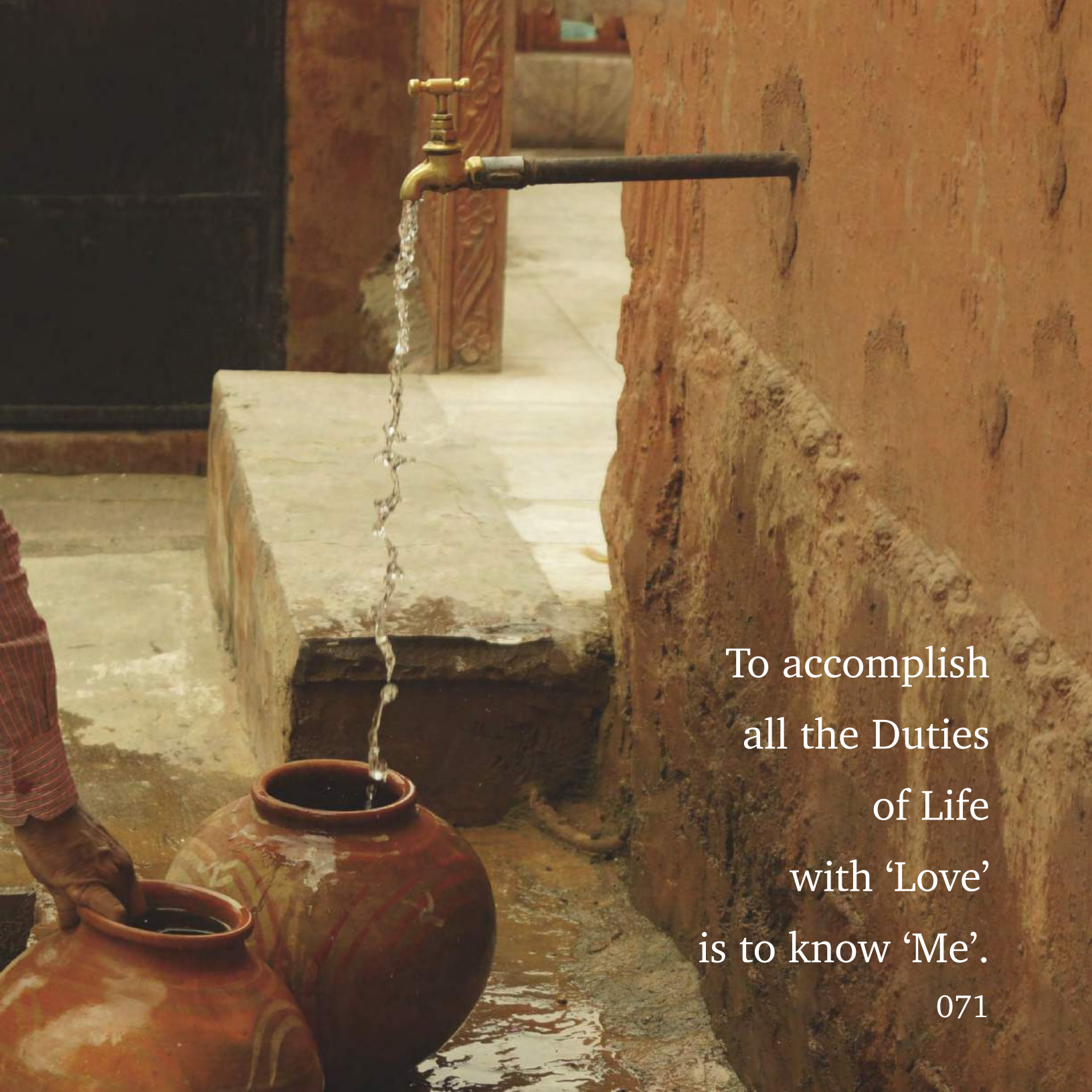
Every Loop is a
complete Chain in itself.
Every Day is a complete Life in itself.



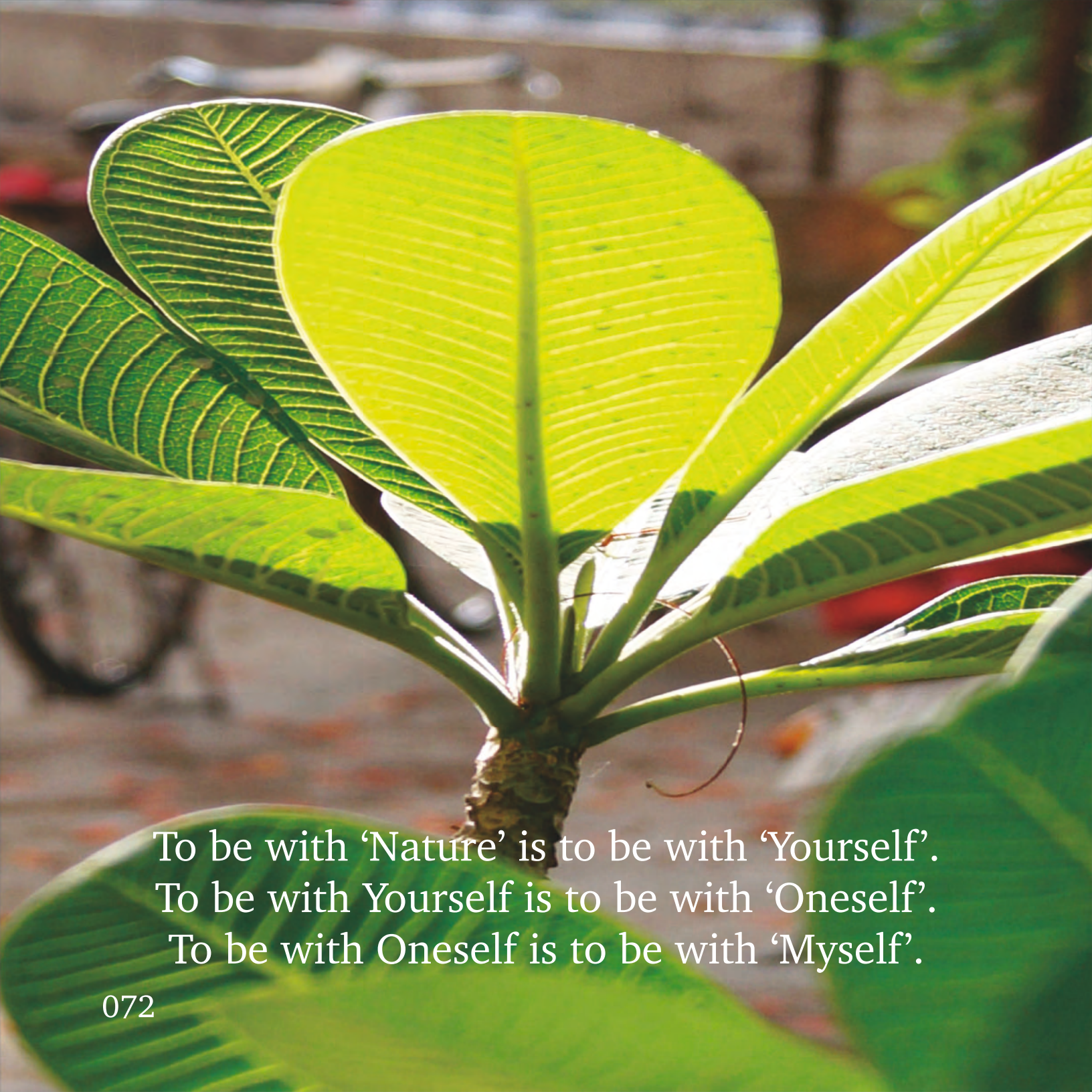
If you live Naturally, you will die Naturally.

To do your work with love is 'Law of Zero'.





To accomplish
all the Duties
of Life
with 'Love'
is to know 'Me'.



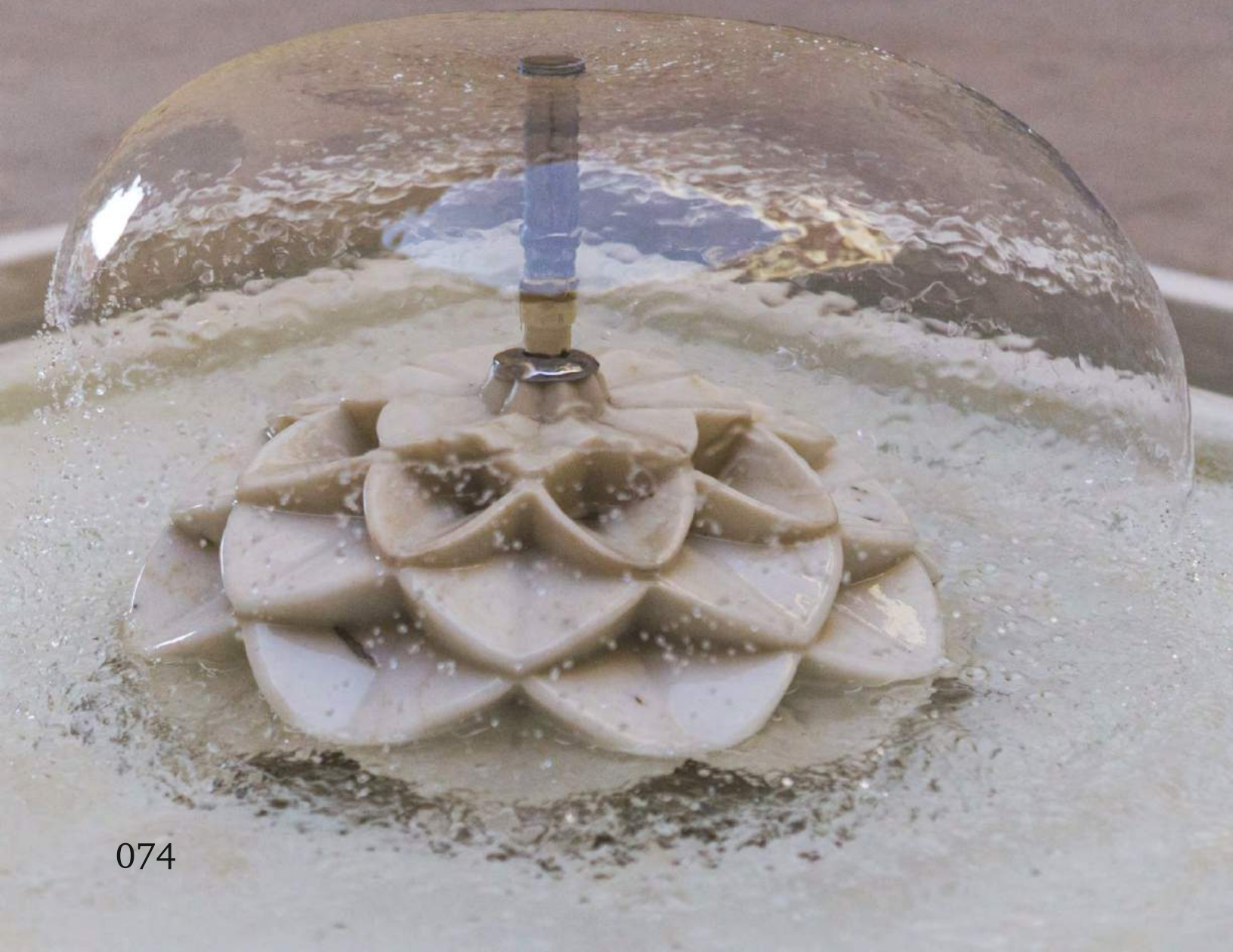
To be with 'Nature' is to be with 'Yourself'.
To be with Yourself is to be with 'Oneself'.
To be with Oneself is to be with 'Myself'.

When your outer
world is beautiful,
You are a 'Model'.

When your inner
world is beautiful
You are 'Total'.

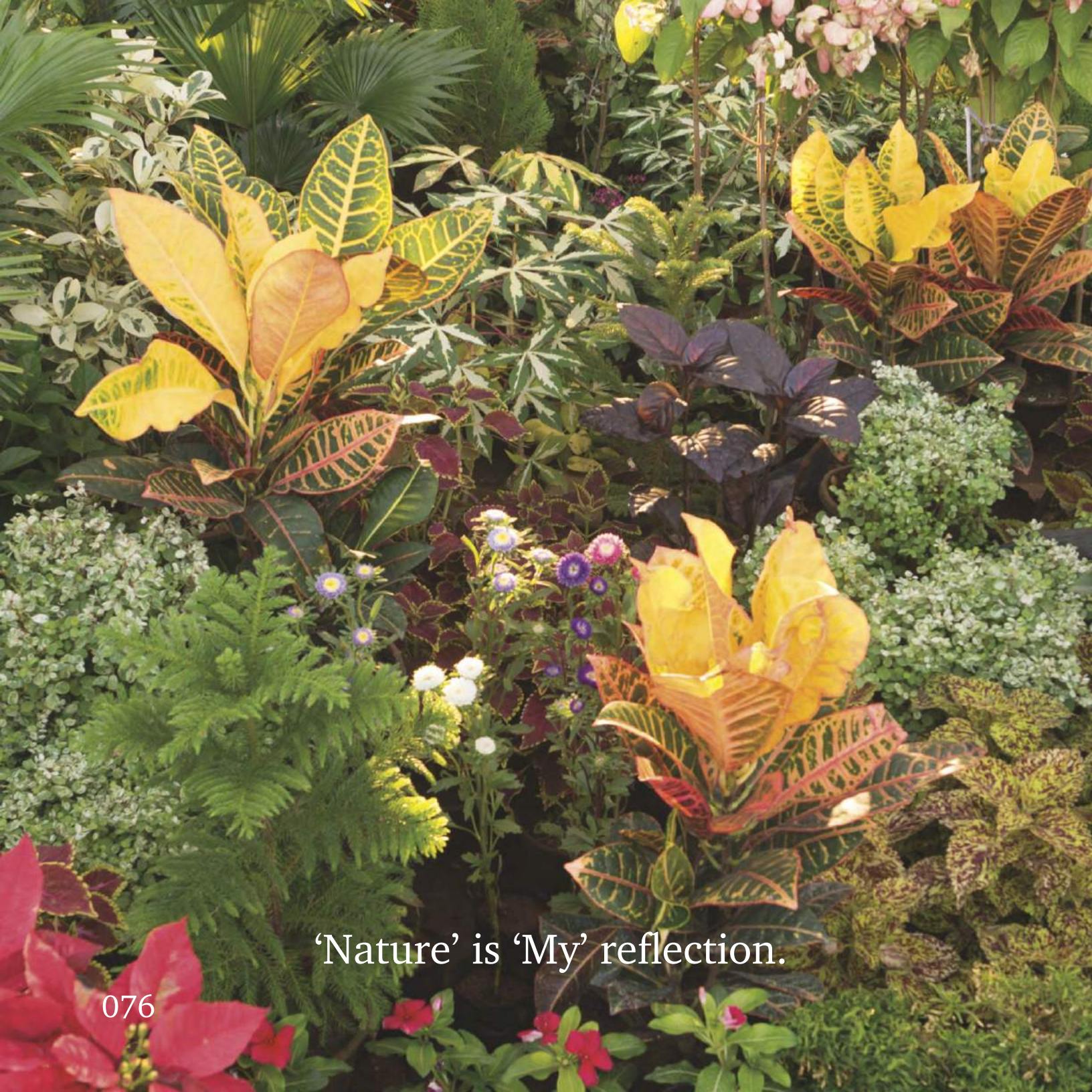


'Love' and 'Happiness' are 'Me' only.





Science is to know 'Nature'.
'Law of Zero' is to know 'Me'.



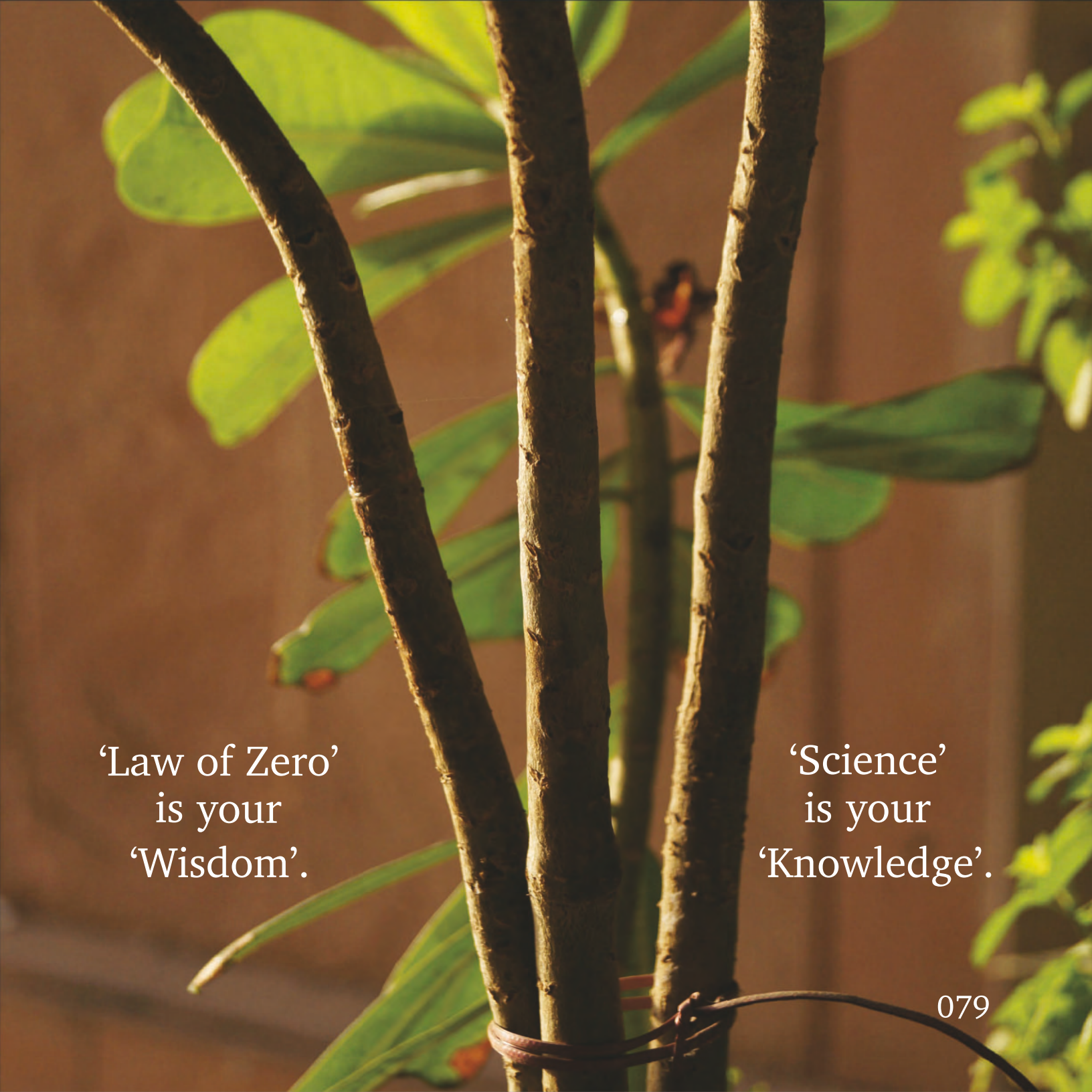
‘Nature’ is ‘My’ reflection.



‘Science’ is a search of reflection.
‘Law of Zero’ is a search of ‘Me’.



‘Science’ and ‘Law of Zero’
are the two ends of one ‘Chain’ only.



‘Law of Zero’
is your
‘Wisdom’.

‘Science’
is your
‘Knowledge’.

Natural Love, which exists
without a name is 'Law of Zero'.



‘Law of Zero’ is like the Sea,
where all the Rivers of different ‘Philosophies’
‘Merge’ to achieve the ‘Same Level’.

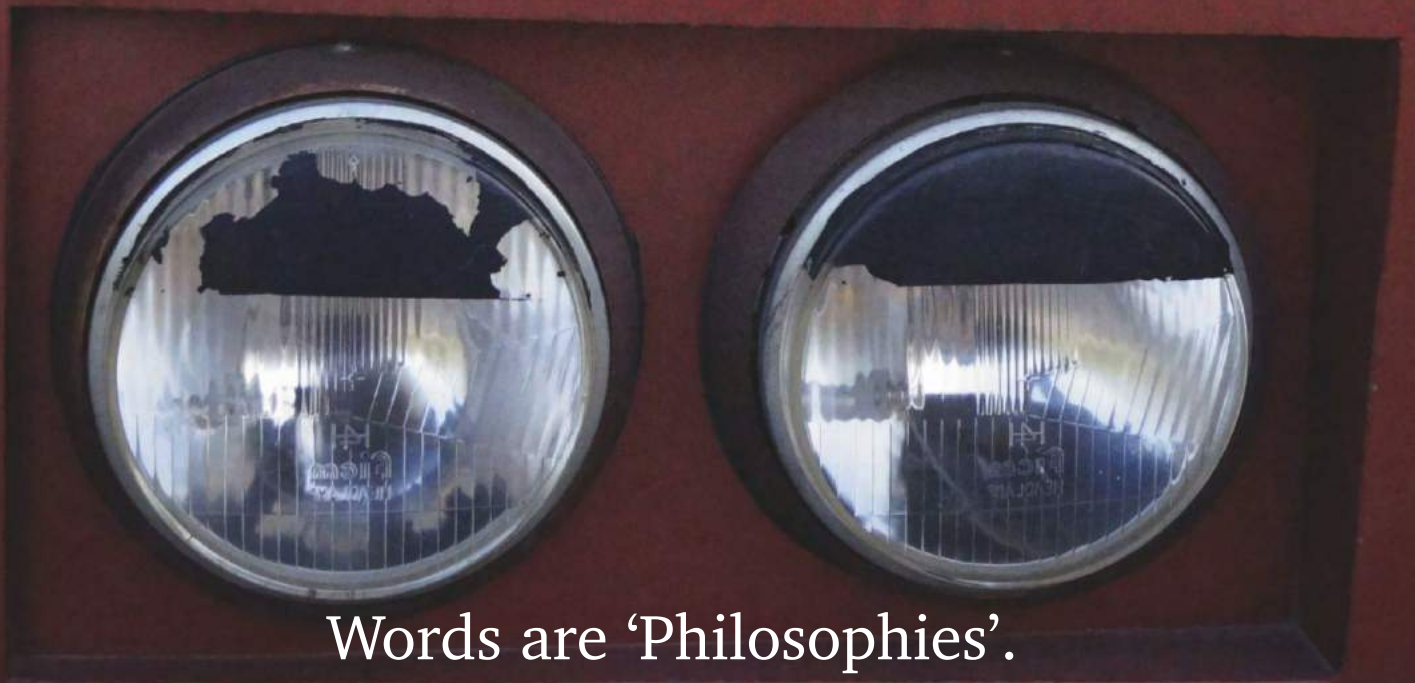


शुभ



Smiles are 'Law of Zero'.

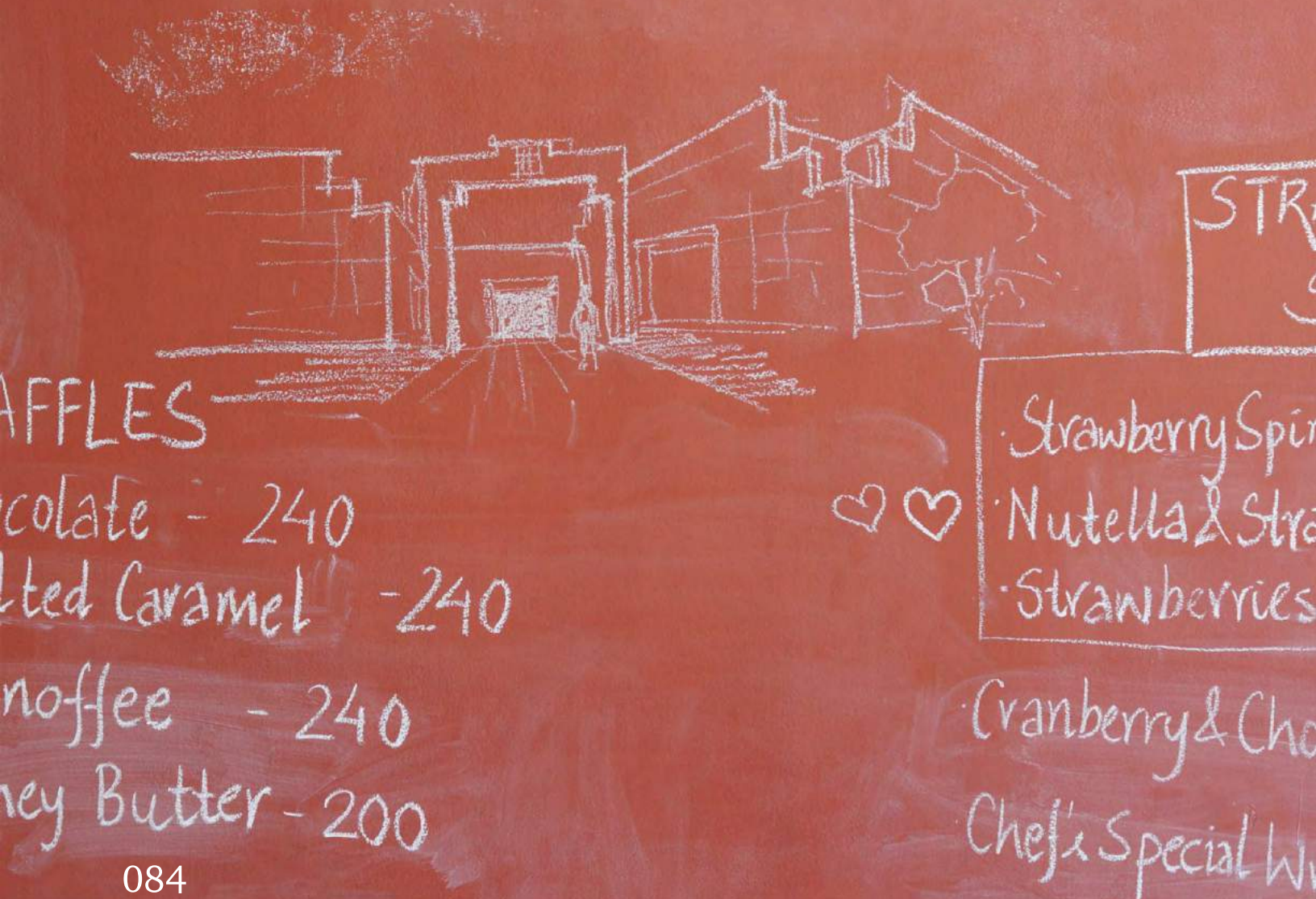
लाम्




Words are 'Philosophies'.

'Philosophy' is Influence of 'One on another'.

'Law of Zero' is an Experience of
'One with another'.

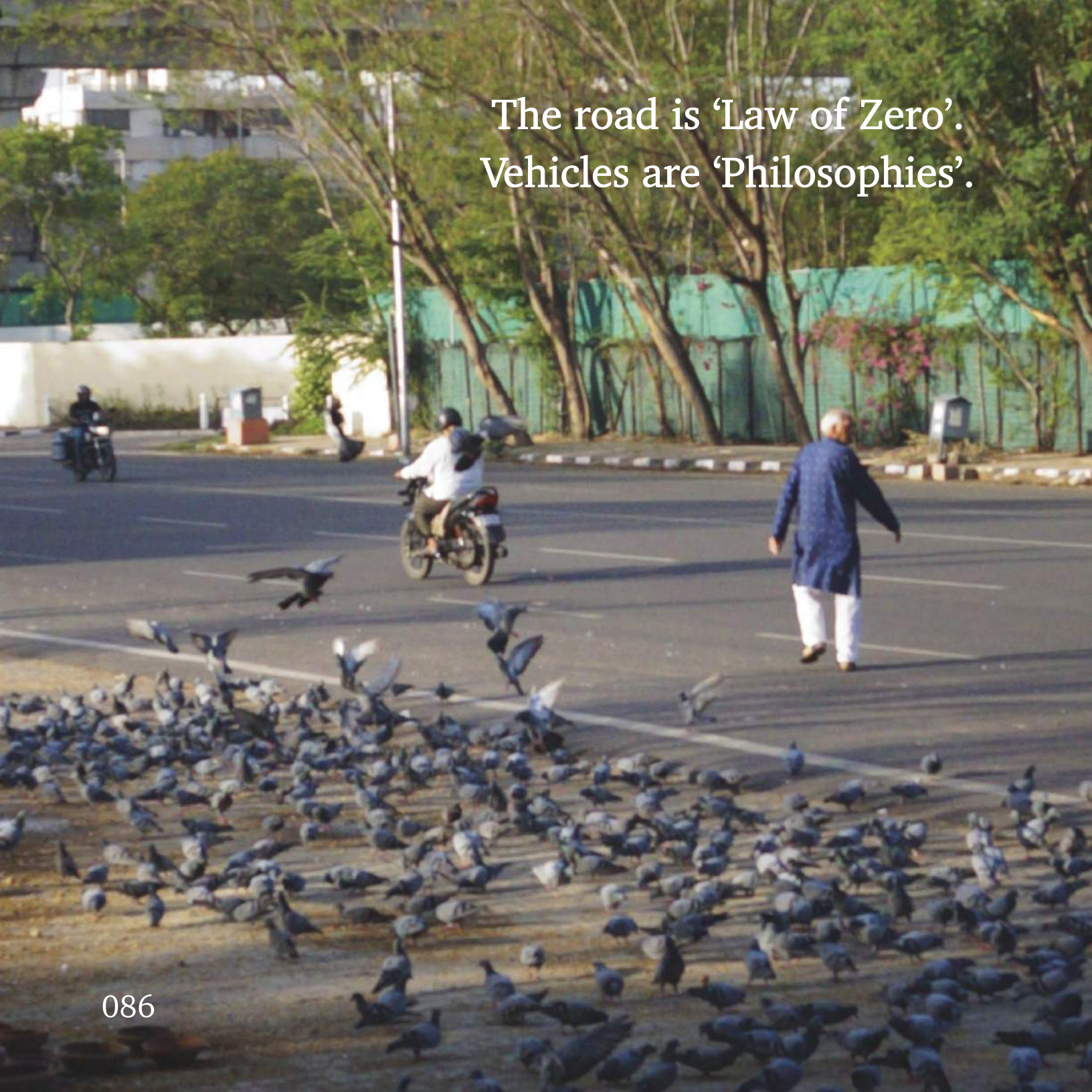


The background of the image shows the dark silhouettes of several domed structures, likely a temple or palace, set against a warm, golden-orange sky at sunset. The buildings are arranged in a line across the middle of the frame, with varying heights and dome sizes. The sky is a gradient of light to dark orange, and the overall mood is serene and contemplative.

‘Philosophy’ is predictions in
‘Darkness about Brightness’.

‘Law of Zero’ is
‘Brightness within Darkness’.

The road is 'Law of Zero'.
Vehicles are 'Philosophies'.



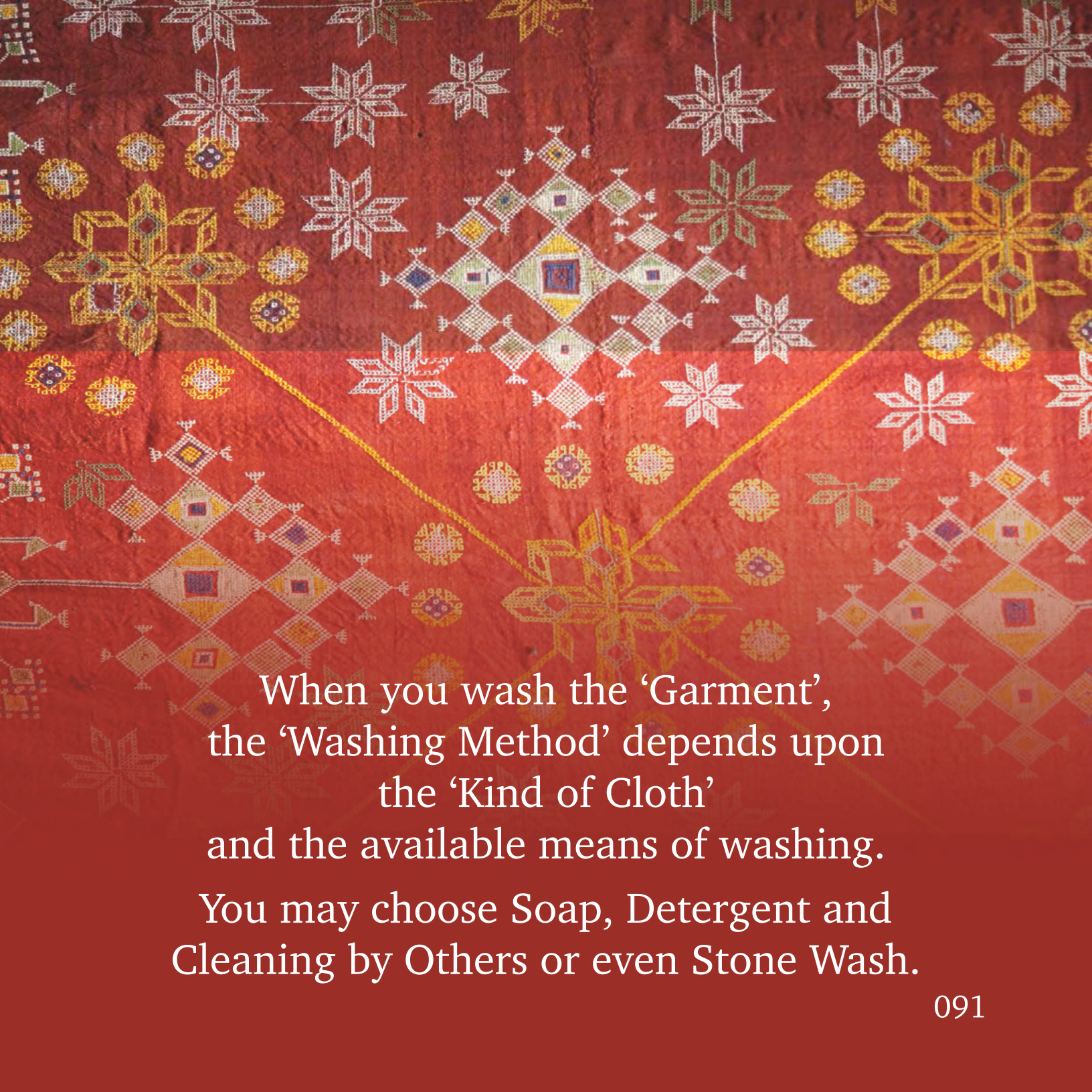
An aerial photograph of a multi-lane highway. The asphalt is dark, and the lanes are separated by lighter-colored markings. Numerous white, rectangular reflective markers are placed along the edges of the lanes, receding into the distance. The perspective is from directly above, looking down the length of the road.

‘Law of Zero’ is a ‘Highway’ open to all.

Language of Essence



Transform



When you wash the 'Garment',
the 'Washing Method' depends upon
the 'Kind of Cloth'
and the available means of washing.
You may choose Soap, Detergent and
Cleaning by Others or even Stone Wash.



‘In Soap Method’ you rub soap
on the ‘Garment’ soaked in ‘Water’.

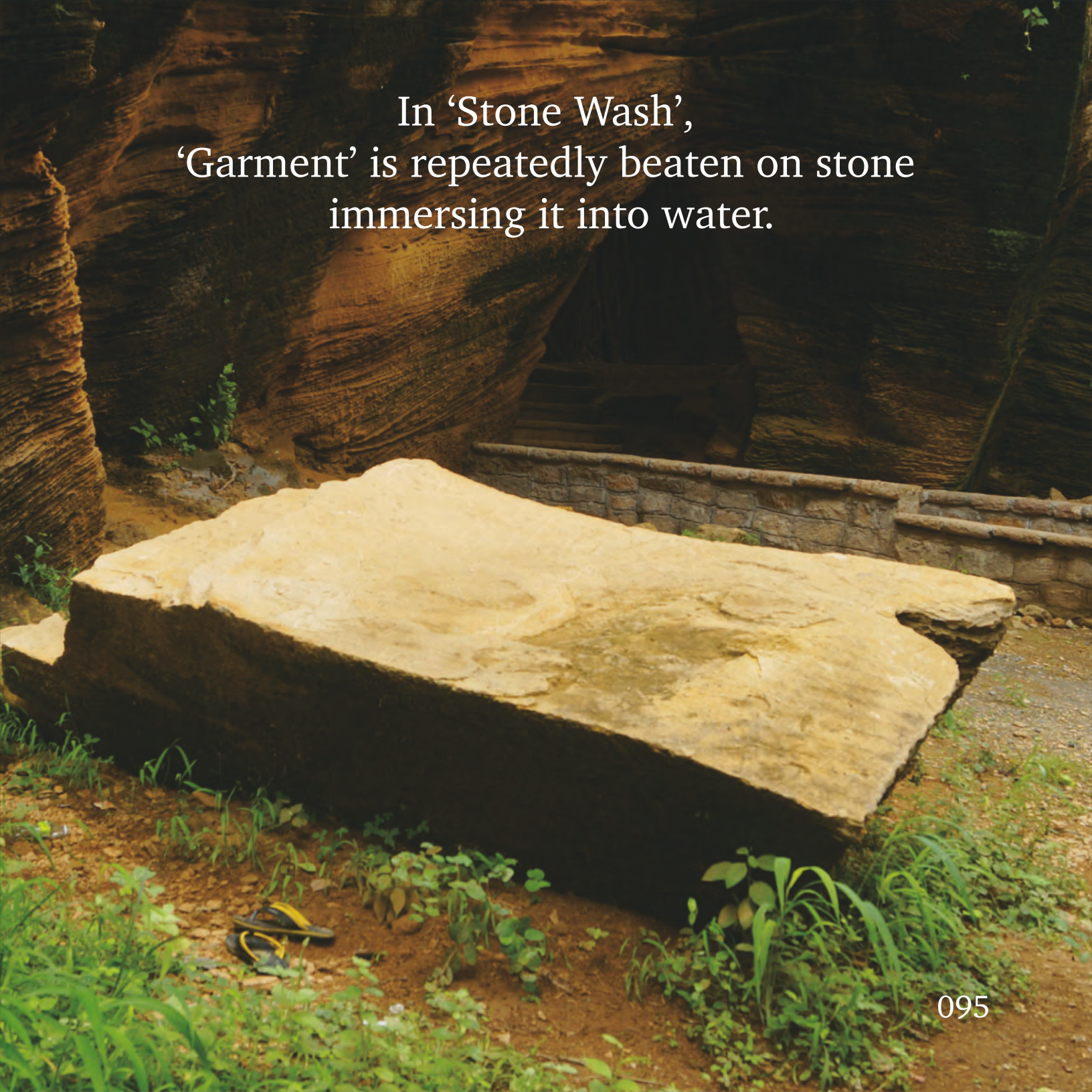


‘Detergent Method’ is where you dissolve it
in a ‘Bucket of Water’
and immerse the ‘Garment’ in it.

A close-up photograph of a cluster of bright yellow flowers, likely from a Mimulus species. The flowers are trumpet-shaped with five lobes and have faint red streaks on their inner surfaces. A small, dark-colored bee is visible inside one of the flowers, positioned near the base of the petals. The background is a soft-focus green, suggesting foliage.

Another method is to pay
for
'Garment Cleaned by Others'.

In 'Stone Wash',
'Garment' is repeatedly beaten on stone
immersing it into water.





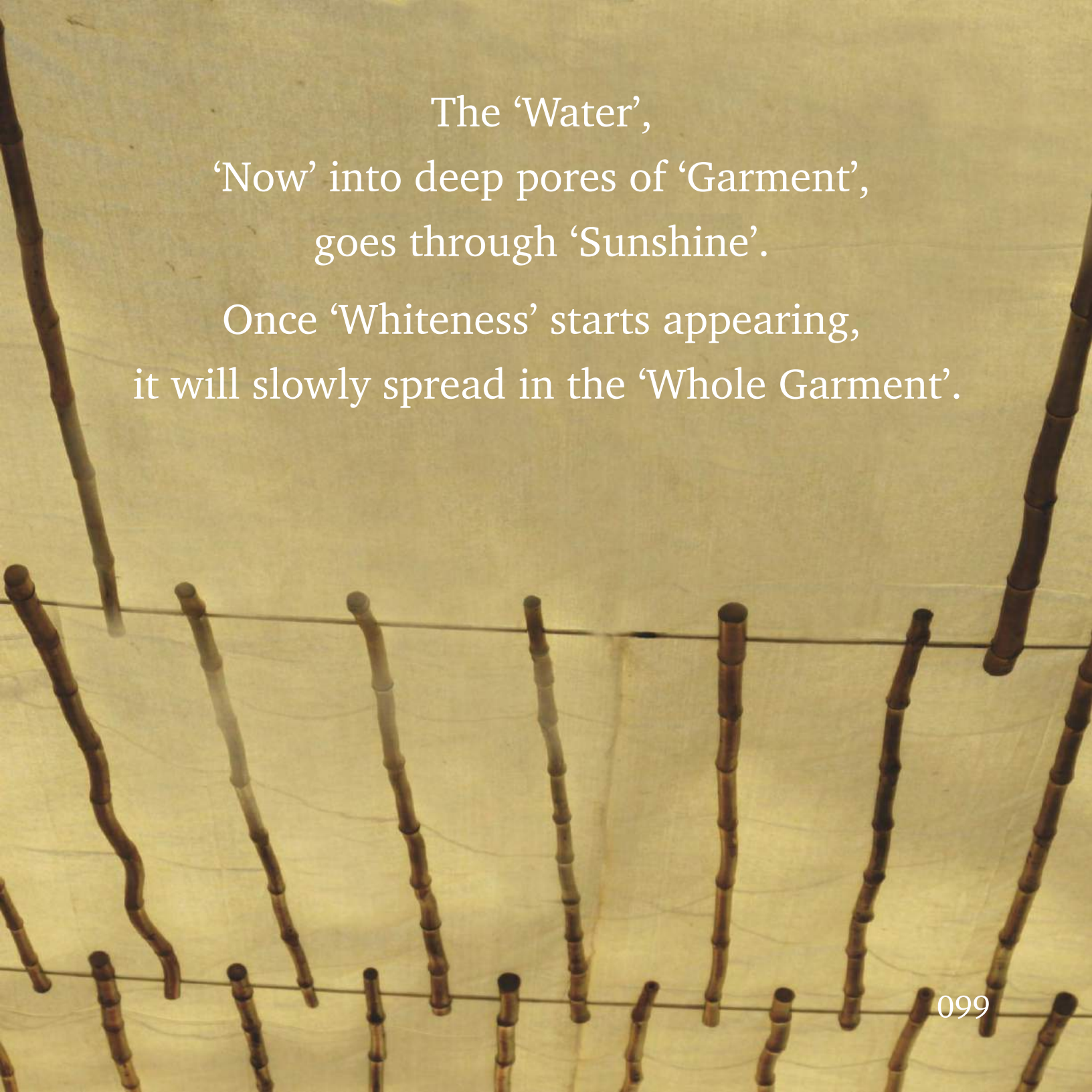
Now,
tell 'Me' when you wash the 'Garment',
where is the 'Whiteness'?



To be precise,
'Whiteness is within the 'Garment' only.
'Washing' only removes the 'Dirt'.



After washing the ‘Garment’
rinse it with more ‘Water’
to clean the ‘Garment’
from both ‘Dirt’ and ‘Soap’.



The 'Water',
'Now' into deep pores of 'Garment',
goes through 'Sunshine'.

Once 'Whiteness' starts appearing,
it will slowly spread in the 'Whole Garment'.

To know 'Me',
wash 'Dirt' accumulated on 'Yourself'
by an appropriate 'Method'.

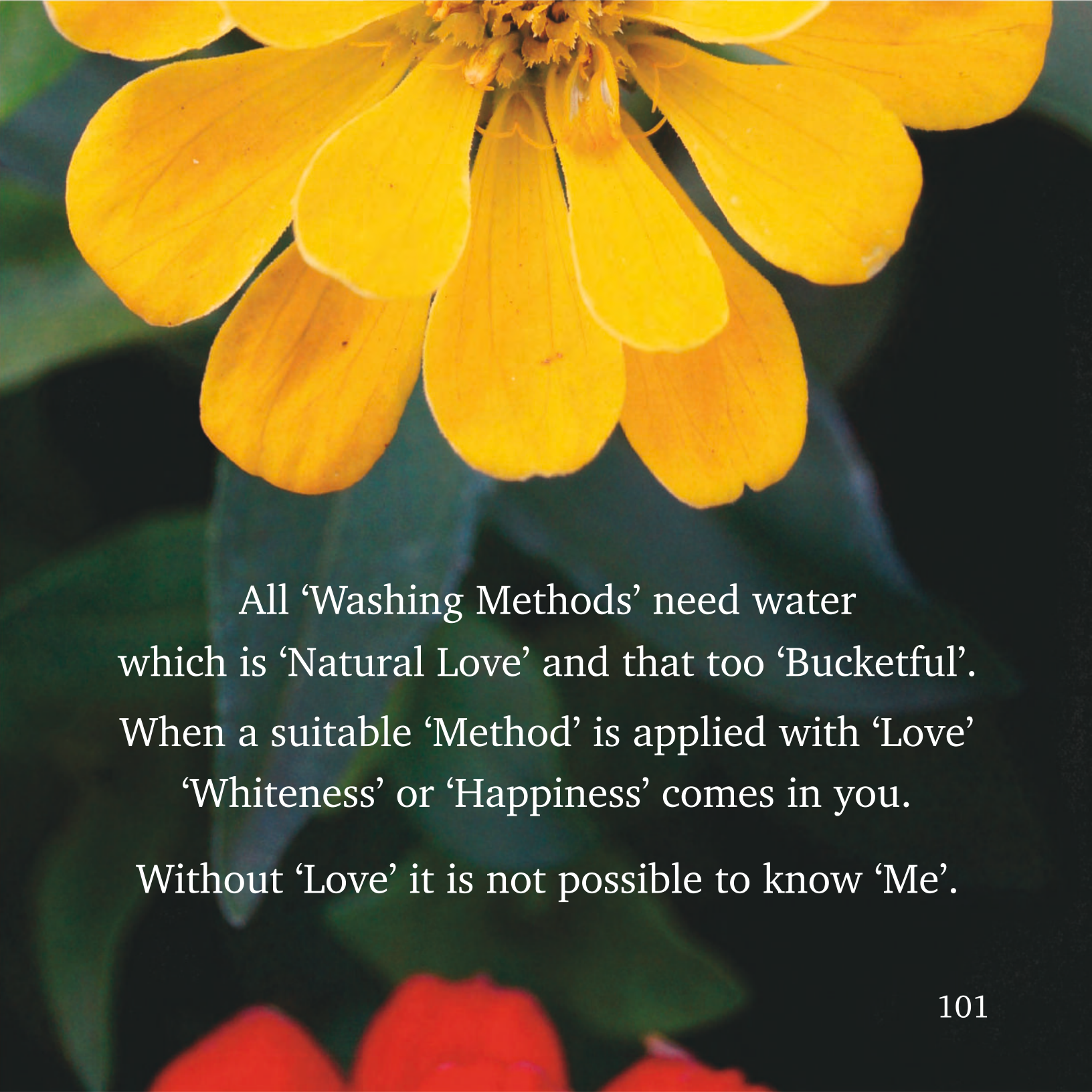
'Fragrance of Soap' is 'Enchanting'.

'Detergent' is 'Meditation'.

'Paid Cleaning' is 'Charity'.

'Stone Washing' is
'Renouncing the Material World'.





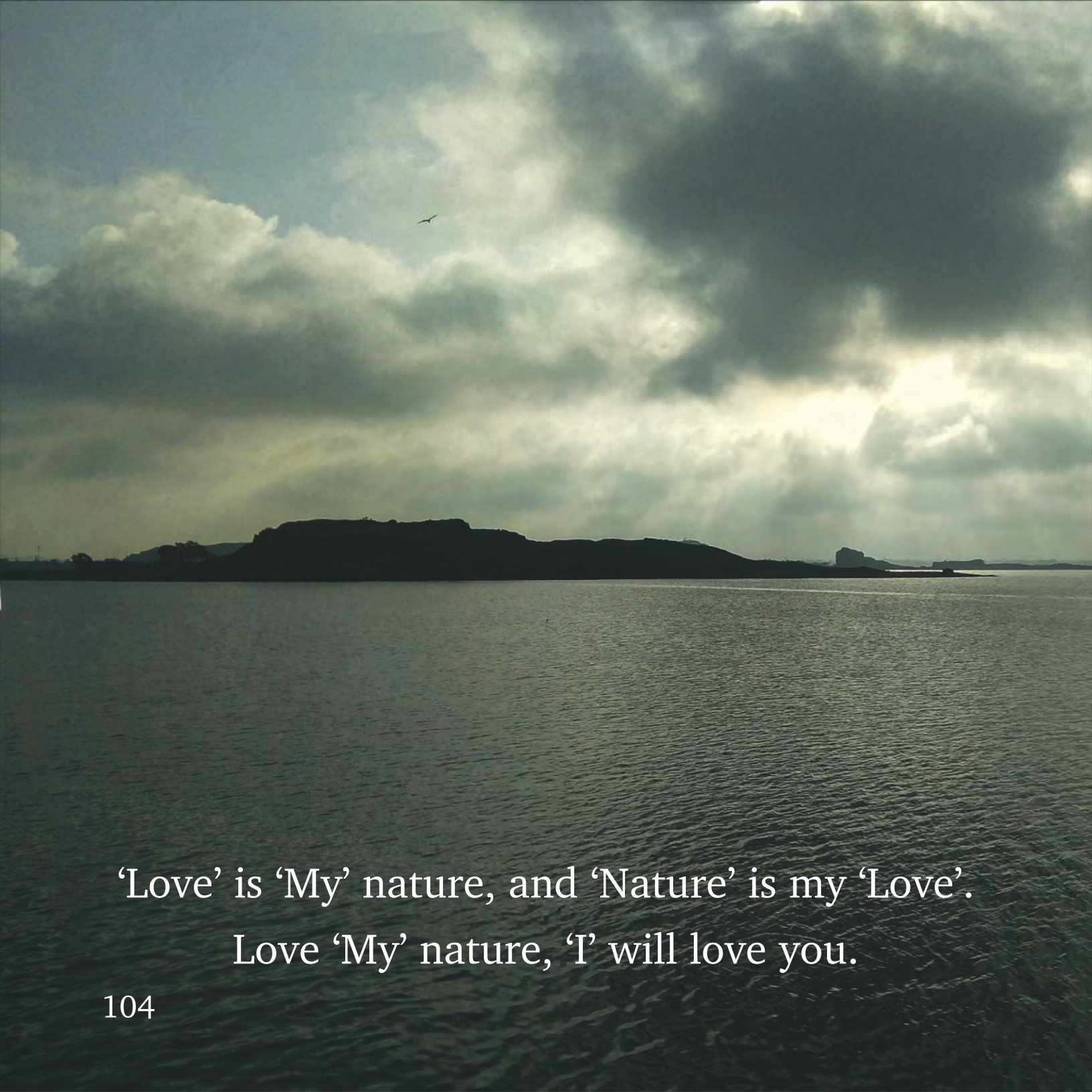
All 'Washing Methods' need water
which is 'Natural Love' and that too 'Bucketful'.
When a suitable 'Method' is applied with 'Love'
'Whiteness' or 'Happiness' comes in you.
Without 'Love' it is not possible to know 'Me'.



‘Love’ cleans your ‘Mirror’
without any Washing Method.

Spreading the 'Garment'
in the Sun means,
even your 'Love'
has to go through
'Sunshine'
and
still trust in
'Yourself'
makes you
'Myself'.





‘Love’ is ‘My’ nature, and ‘Nature’ is my ‘Love’.
Love ‘My’ nature, ‘I’ will love you.



'Love' is an expression without being expressed.

Either you know yourself or you know 'Myself'.
Otherwise simply do your Duties with 'Love'.
'Myself' will know 'Yourself'.





You can never search or miss 'Me'.
'I' am with you always.



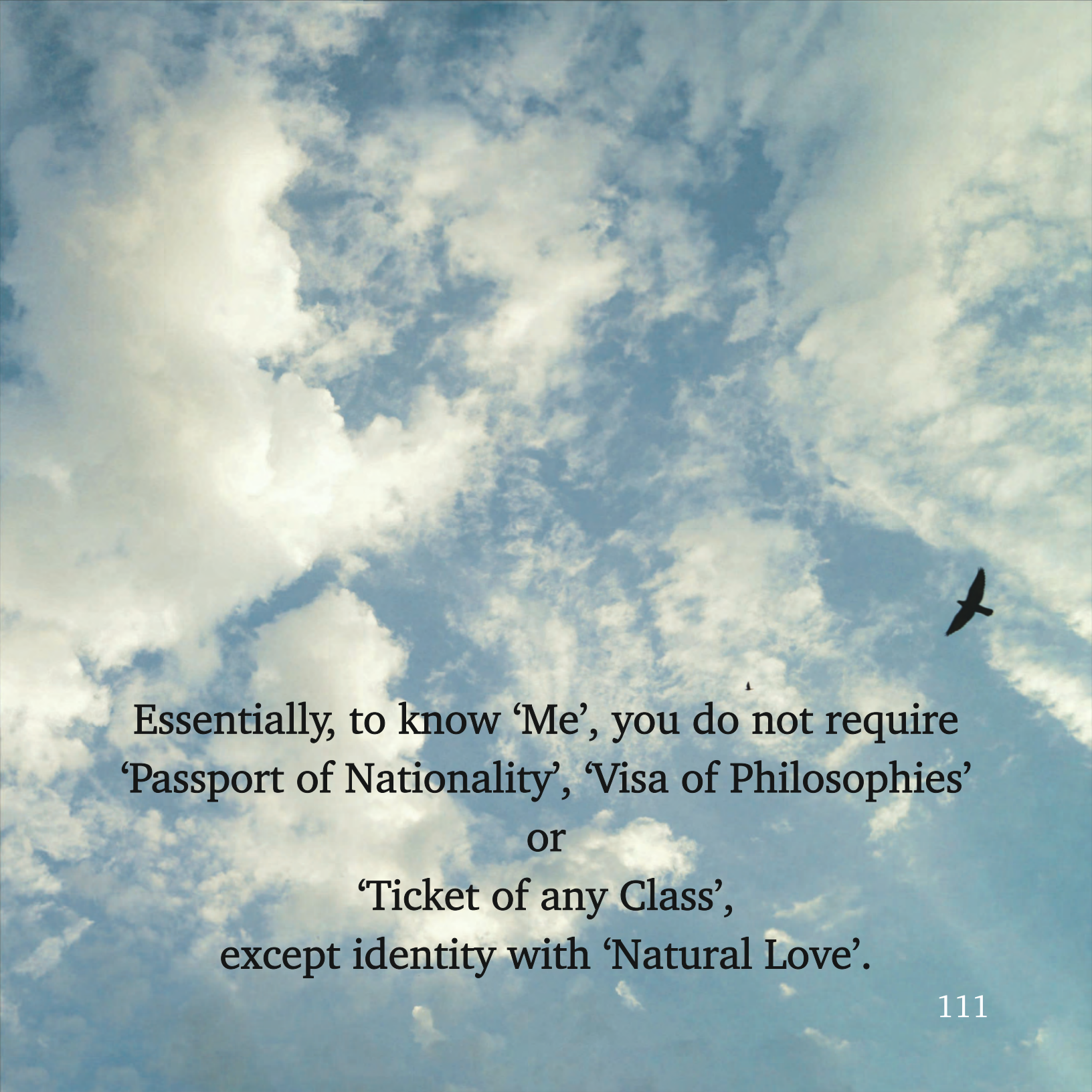
‘Love’ is ‘Law of Zero’.



'Love' is an Universal Truth.



'I' am beyond every Known and Unknown
Dimension but within 'Love' of 'No Dimension'.



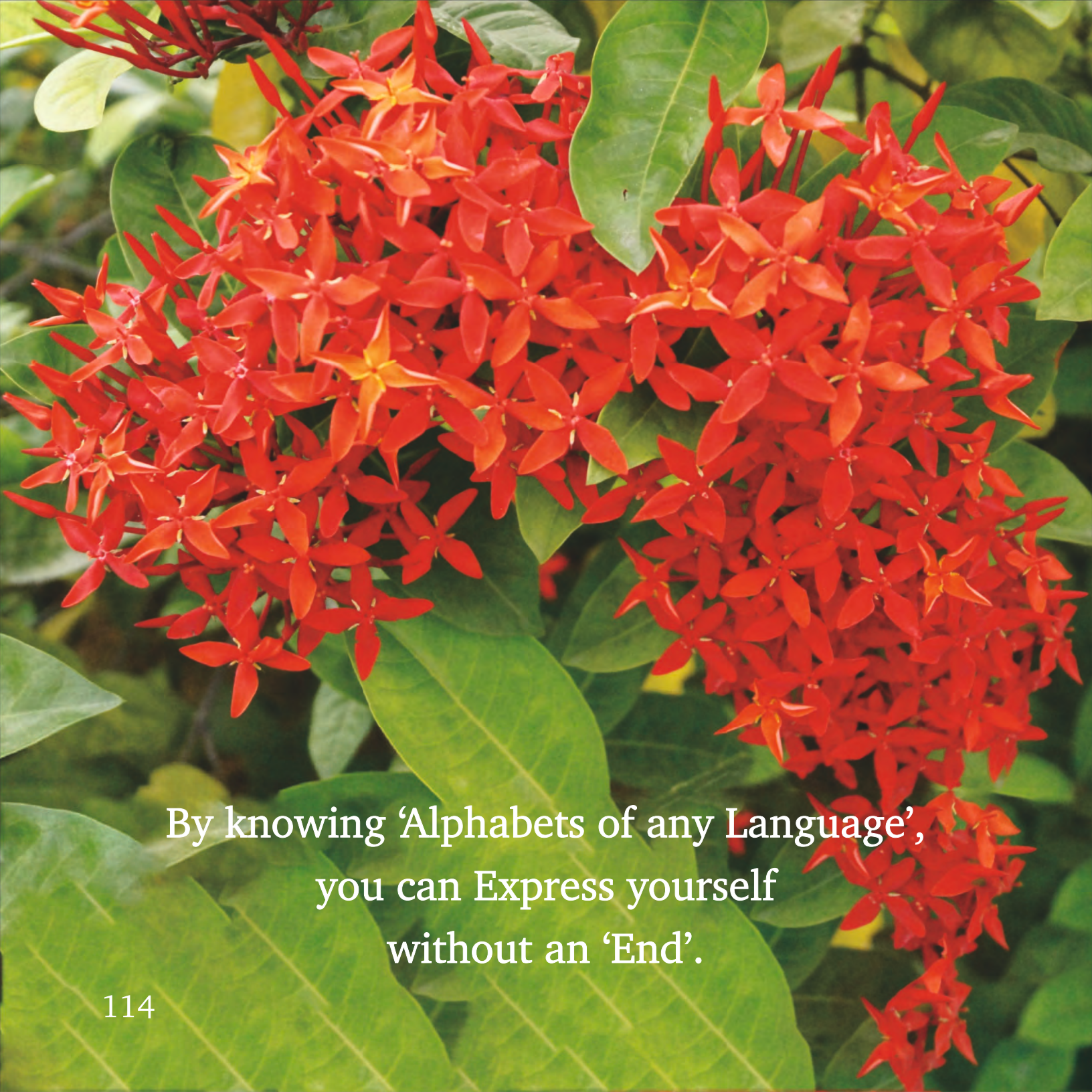
Essentially, to know 'Me', you do not require
'Passport of Nationality', 'Visa of Philosophies'
or
'Ticket of any Class',
except identity with 'Natural Love'.

Name has no meaning in 'Love'.



A wooden bowl is suspended by a thin string from the top of the frame. The background is a teal-colored fabric with a visible weave. In the foreground, several strands of barbed wire run horizontally across the frame. The lighting is soft, creating a contemplative atmosphere.

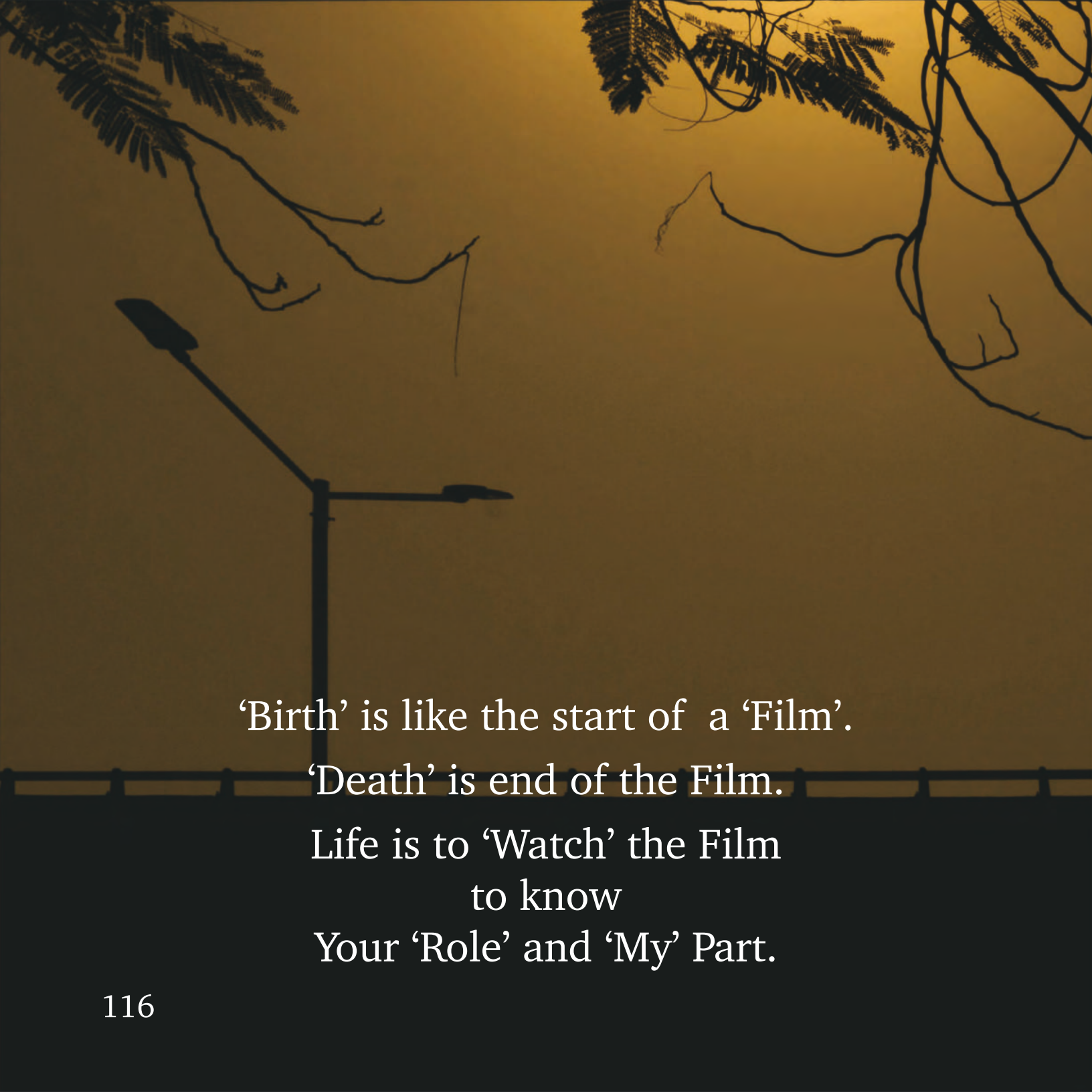
‘Name’ has no Meaning
and
‘Meaning’ has no Name.



By knowing 'Alphabets of any Language',
you can Express yourself
without an 'End'.

Since all Languages Evolve out of Silence,
so
You can Communicate with 'Me' in any Language
or
in Silence.



A silhouette of a street lamp and tree branches against a warm, golden background. The street lamp has two arms, one pointing up and left, the other pointing right. The tree branches are thin and delicate, with some leaves visible at the top. The background is a solid, warm yellow-gold color.

‘Birth’ is like the start of a ‘Film’.

‘Death’ is end of the Film.

Life is to ‘Watch’ the Film
to know

Your ‘Role’ and ‘My’ Part.

If your 'Television Screen' is Clean,
you can always see 'Me'.

'I' am available on all the 'Channels'.



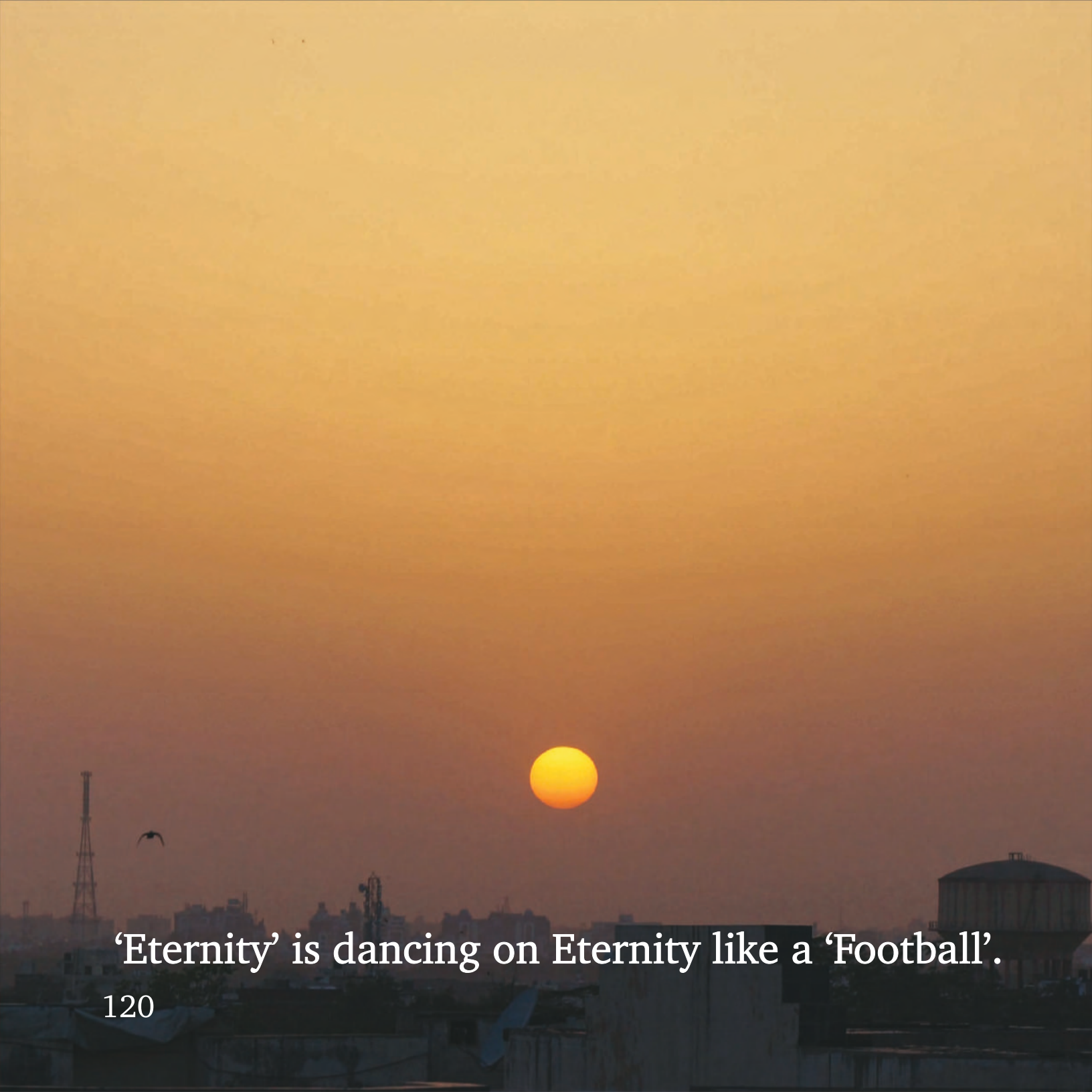


Different people know 'Me'
by different names.

'I' know
different people with the same name.



Everything has
an 'Eternal Space',
Inside and Outside.



'Eternity' is dancing on Eternity like a 'Football'.


॥ श्रीगणेशाय नमः ॥ प्रमत्तानि मधम
 वृद्धिप्रवृत्तौ स्यात्मा जगत्स्युद्योगजेन्द्रो
 जयसिंह इत्यनेन धर्माविषयवर्गे रथोः ॥
 तु साधर्मविरोधिनीऽधर्मस्यैवात्रोक्तं
 वेदाधर्मिधर्मस्य धर्मतले रचित-
 वान् यन्मानसु बो धान् बहून् ॥ १ ॥ गोल-
 प्रथमगर्गने च रागां निता मया श्री-
 जयसिंह देवः ॥ प्रातः प्रथान् यत्र वि-

दः पुनस्ते च कर्हि पाप्यो जयसिंहि-
 संज्ञमाः ॥ २ ॥ सब्रह्मलेपे विष्णु-
 पार्श्वद्वयस्य नादीधन्यैककेन
 म् ॥ ध्रुवाभिकेन्द्रश्रुतिमार्गकेल
 कीलाग्रभासु चित्रनाटिकाद्यन्
 ॥ ३ ॥ पितामहोच्छिष्टमयाश्वभा
 कारो हावरोहा नवनन्द वृत्तान् ॥
 प्रतापसिंहश्च विवुध्य विजयो

स्तान् कार्या माससु पार्श्वप्रमं
 ॥ ४ ॥ भारोपमं स्रे च्छ गगास्ववृ-
 थभूभारशान्तै पुनरादिदेवः ॥
 इक्ष्वाकुवंशेऽप्यवती र्मपूर्वा व-
 तारितान् देवगणानपुङ्गवः ॥ ५ ॥
 धर्माधिकारी विधिदेवकृष्णः
 पामुक्तिसंगेहित धर्मपादः ॥ य-
 न्नेषु वेदाङ्गविभूयरोषु द्वितीय-

यन्नो धरणां चकारादीः ॥ यस्मिन्
 द्विचतुर्भुजपक्षतिथिवारक्षेष्णु प-
 क्षो नगत्रिद्योऽन्येस्तिभिरन्वि-
 तः स्मृति लवः स्यात् साष्टिशा-
 कस्यसः ॥ नन्दयस्तिभिरन्यपु-
 क सचलवो विश्वज्ञवासेऽ-
 न्यपुक् वातत्त्वज्ञममन्यपुक्त-
 मथवे वास्योद्धृतौ स्यान्मिति ॥ १ ॥

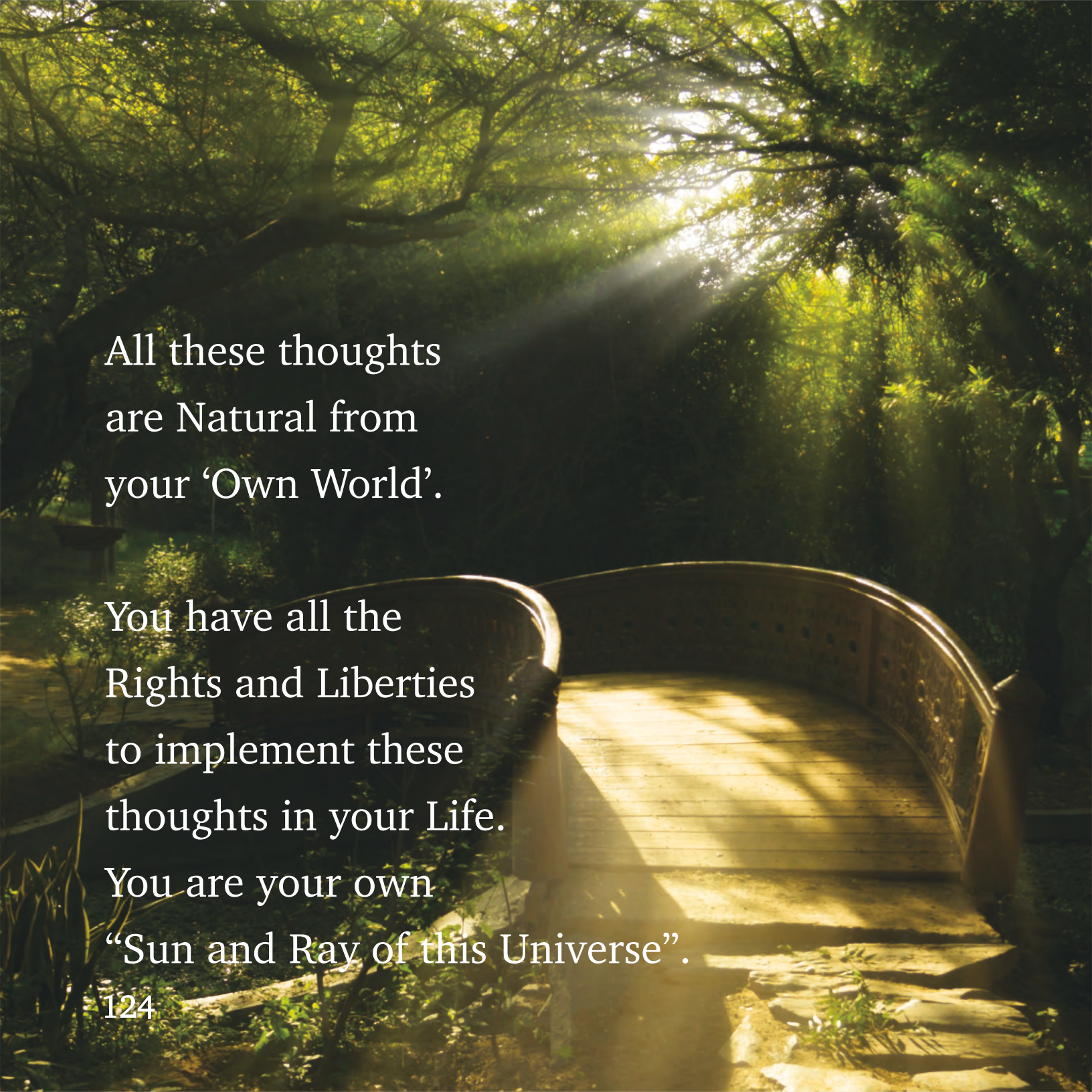
With 'Counted Ten Numbers',
 You can imagine 'Uncountable Numbers'.



Numbers are additions of 'One into One'.
'Zero' is subtraction of 'One from One'.
Once 'Zero', always 'Zero',
even after applying
all mathematical calculations.



Every thing emerge out of nothing &
merge back in nothing is 'Law of Zero',

A photograph of a wooden bridge with a curved railing, set in a lush, sun-dappled forest. Sunlight filters through the dense green canopy, creating a warm, golden glow. The bridge is made of light-colored wood and has a decorative railing. The path leading to the bridge is made of stone steps. The overall atmosphere is peaceful and serene.

All these thoughts
are Natural from
your 'Own World'.

You have all the
Rights and Liberties
to implement these
thoughts in your Life.

You are your own
"Sun and Ray of this Universe".



These
'Thoughts' are
'Your Own'
if you agree.

These
Thoughts are
'Mine'
if you disagree.

'Love' all.

Author's Note

Today is my 69th Birthday.

A Day to remember my loving Parents for this precious Life.

I am grateful to my body, my Guru and Guide on the path of Creative Enlightenment.

Gratitude to the Universal Consciousness for gifting me Love, Happiness and this Wisdom Book “OWN ZERO” Text in year 1984.

Love to all my Grandchildren for inspiring me to learn Photography in 2016 to make it a Coffee Table Wisdom Book to share.

A Sincere appreciation for all my friends, Fellow bloggers on WordPress, Book Designer Deepak Kumar, Photography Mentor Mahesh Swami, Express Publishing of Notion Press, Distributors, ABCD Studio for Cover Design and readers of “OWN ZERO” all across the World.



A time of celebration with my family, do not know how to thank them for their devotion, respect, togetherness, love and moral support in all walks of Life.

Breath in love and breath out Happiness is the true wealth of my life.

वसुधैव कुटुम्बकम्

The Whole World is One Family

‘Love All’ is the ‘Language of Essence’

ram H singhal
24 November 2020

JOURNEY OF CREATIVE ENLIGHTENMENT

Learn to unlearn for space

Worship of work for pace

Mind to no mind for surface

You to yourself for one's face

One to know one for grace

Touch one to everyone for solace

Shower happiness for human race

Sing new life for life's ace



ram H Singhal is a Engineering Graduate
before an Entrepreneur, a product designer, now
an art-collector, a music lover, a photographer,
and a spiritual scientist.



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'Own Zero'
is a 'Glimpse of Wisdom'.

It will thread you into your own questions
and own-answers. As you will make it a food for
thought, it will taste better and better
and help you taste the nectar of eternity.

Explore your own language of essence,
wear it like a perfume
to spread your fragrance into this world,
and
gift it to your near and dear ones.

Love all.